

# BUY *in* BULK

AND ENJOY AT HOME!



**Your favorite quick snacks available in bulk quantities!**

Product may vary by location. See a sales associate for more details.



BUY IN BULK LOCATION LIST
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82nd Airborne	Irwin 24 Hr Expres
Aviano Express	JB Charleston Express
Barksdale	JMM Express
Baumholder Express	Kadena Fairchild
Bliss Cassidy Express	Kelley Express
Bragg Butner Express	Kinser Express
Butler Express	Kuntz Mini Mall
Cannon Express	Lackland
Courtney Express	Lakenheath w/Gas
Del Din Express	Lewis Liberty Express
DM Express Class Six	Lewis North Express
Dover	Luke Express
Dyess Express	Malmstrom MS/Express
Elmendorf Express	Maxwell Express
Ft. Belvior	Mildenhall
Ft. Campbell	Moody
Ft. Dix	NASJRB
Ft. Gordon Gate 1	Nellis Class Six Express
Ft. Gordon Gate 5	Old Glory
Ft. Hood III Corps	Olympic Express
Ft. Knox - Chaffee Express	Panzer Express
Ft. Knox - Grisson Troop	Patch Express
Ft. Knox - Mini Mall	Polk
Ft. Knox - Wilson Express	Ramstein Express
Ft. Leavenworth Express	Ramstein Pulaski
Ft. Lee Express	Randolph
Ft. Lee Troop Store	Redstone Goss Road
Ft. Leonard Wood	Redstone Martin Road
Ft. Richardson Express	Robins
Ft. Riley	Rucker Mini Mall
Ft. Sill	Schofield Paradise Express
Ft. Wainwright Express	Schwab Branch
Fussa Express	Scott
Futenma RS	Spangdahlem Express
Graf Express	Travis Express
Gunter Express	VBerg Minute Man Expr
Hansen Express	Vicenza Express
Huachuca Class Six	Vilseck Rose Brks
Humphreys FMM	Whiteman Express
Humphreys TMM	Wiesbaden Clay
Illesheim	Wright- Patterson - Kittyhawk Express

Nutrition Facts	
Serving Size 1 Frank (91g) Servings Per Container 50	
Amount Per Serving	
Calories 260	Calories from Fat 230
% Daily Value *	
Total Fat 26g	40%
Saturated Fat 9g	46%
Trans Fat 0g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 70mg	28%
Sodium 830mg	34%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	
Vitamin A	0%
Vitamin C	8%
Calcium	8%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet.	

## BallPark Frank 5:1 54500-16721



### Cooking Directions:

**Oven** - Cook to internal temperature of 165°.  
**Grill** - Over medium heat for 6-8 minutes.  
**Boil** - Bring 2/3 cups water to boil.  
 Add Franks. Cover and simmer 6-8 minutes.

### Shelf Life:

Frozen: 6 Months  
 Refrigerated: 7 Days

### Ingredient Statement

Mechanically Separated Turkey, Meat Ingredients (Pork, Beef), Water, Contains 2% or less: Salt, Sorbitol, Hydrolyzed Beef Stock, Potassium Lactate, Sodium Phosphate, Natural Flavor, Sodium Diacetate, Ascorbic Acid (Vitamin C), Sodium Nitrite, Paprika Extract

Nutrition Facts	
Serving Size 1 LINK (91g) Servings Per Container 60	
Amount Per Serving	
Calories 290	Calories from Fat 230
% Daily Value *	
Total Fat 26g	40%
Saturated Fat 10g	52%
Trans Fat 0g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 65mg	22%
Sodium 900mg	37%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	1%
Sugars 0g	
Protein 12g	
Vitamin A	2%
Vitamin C	0%
Calcium	8%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet.	

## Hillshire Farm® Cheddarwurst® 44500-32102



### Cooking Directions:

**Pan** - Add to nonstick skillet over medium Heat. Cook 6-9 minutes.  
**Grill** - Over medium heat for 12-14 minutes.  
**Stove Top** - Bring 2/3 cups water to boil. Add Sausage. Cover and simmer 10-12 minutes.

### Shelf Life:

Frozen: 6 Months  
 Refrigerated: 7 Days

**Ingredient Statement** Meat Ingredients (Pork, Beef), Water, Wisconsin Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [Color], Natamycin [A Natural Mold Inhibitor]), Corn Syrup, Contains 2% Or Less: Salt, Sodium Lactate, Natural Spices, Isolated Soy Product, Dextrose, Isolated Soy Protein, Sodium Diacetate, Monosodium Glutamate, Vitamin C (Ascorbic Acid), Natural Flavors, Sodium Nitrite.

Nutrition Facts	
Serving Size 1 LINK (91g) Servings Per Container 50	
Amount Per Serving	
Calories 290	Calories from Fat 240
% Daily Value *	
Total Fat 26g	40%
Saturated Fat 9g	46%
Trans Fat 0g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 55mg	18%
Sodium 1140mg	48%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 11g	
Vitamin A	2%
Vitamin C	4%
Calcium	2%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet.	

## Hillshire Farm® Jalapeno Mesquite 44500-11394



### Cooking Directions:

**Pan** - Add to nonstick skillet over medium Heat. Cook 6-9 minutes.  
**Grill** - Over medium heat for 12-14 minutes.  
**Stove Top** - Bring 2/3 cups water to boil. Add Sausage. Cover and simmer 10-12 minutes.

### Shelf Life:

Frozen: 6 Months  
 Refrigerated: 7 Days

**Ingredient Statement** Pork, Water, Beef, Diced Jalapeno Peppers (Jalapeno Peppers, Vinegar, Salt, Acetic Acid), Salt, Contains 2% or Less: Sorbitol, Natural Flavors, Potassium Lactate, Sodium Phosphate, Paprika, Monosodium Glutamate, Sodium Erythorbate, Sodium Diacetate, Sodium Nitrite.

Nutrition Facts	
Serving Size 1 LINK (91g) Servings Per Container 50	
Amount Per Serving	
Calories 280	Calories from Fat 230
% Daily Value *	
Total Fat 26g	40%
Saturated Fat 13g	68%
Trans Fat 0.5g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 55mg	18%
Sodium 1160mg	48%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 12g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet.	

## Hillshire Farm® Polish Sausage 77900-28496



### Cooking Directions:

**Pan** - Add to nonstick skillet over medium Heat. Cook 6-9 minutes.  
**Grill** - Over medium heat for 12-14 minutes.  
**Stove Top** - Bring 2/3 cups water to boil. Add Sausage. Cover and simmer 10-12 minutes.

### Shelf Life:

Frozen: 6 Months  
 Refrigerated: 7 Days

**Ingredient Statement** Meat Ingredients (Pork, Beef), Water, Corn Syrup, Contains 2% Or Less: Salt, Dextrose, Spice, Sodium Lactate, Isolated Soy Product, Yeast Extract, Natural Flavor, Pork Stock, Isolated Soy Protein, Potassium Phosphates, Granulated Garlic, Sodium Diacetate, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

Nutrition Facts	
Serving Size 1 Link (91g)	
Servings Per Container 50	
Amount Per Serving	
Calories 300	Calories from Fat 240
% Daily Value *	
Total Fat 27g	42%
Saturated Fat 10g	60%
Trans Fat 0g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 60mg	20%
Sodium 1020mg	43%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 11g	
Vitamin A	2%
Vitamin C	4%
Calcium	2%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet.	

**Hillshire Farm® Pepper Jack Sausage**  
**44500-21546**



**Cooking Directions:**

**Pan** - Add to nonstick skillet over medium Heat. Cook 6-9 minutes.

**Grill** - Over medium heat for 12-14 minutes.

**Stove Top**— Bring 2/3 cups water to boil. Add Sausage. Cover and simmer 10-12 minutes.

**Shelf Life:**

Frozen: 6 Months

Refrigerated: 7 Days

**Ingredient Statement** Meat Ingredients (Pork, Beef)

Water, Pasteurized Process Monterey Jack Cheese With Peppers (Cultured Milk, Cream, Red Bell Peppers, Water, Sodium Phosphate, Salt, Sorbic Acid, Lactic Acid, Artificial Color, Enzymes), Diced Jalapeno Peppers, Contains 2% or Less: Salt, Modified Corn Starch, Sorbitol, Potassium Lactate, Sodium Phosphate, Natural Flavors, Paprika, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Autolyzed Yeast Extract.

Nutrition Facts	
Serving Size 1 Link (91g)	
Servings Per Container 60	
Amount Per Serving	
Calories 190	Calories from Fat 110
% Daily Value *	
Total Fat 13g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat N/A	
Monounsaturated Fat N/A	
Cholesterol 65mg	22%
Sodium 1070mg	45%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 14g	
Vitamin A	8%
Vitamin C	0%
Calcium	0%
Iron	6%
* Percent Daily Values are based on a 2,000 calorie diet.	

**Hillshire Farm® Nashville Hot**  
**44500-33339**



**Cooking Directions:**

**Pan** - Add to nonstick skillet over medium Heat. Cook 6-9 minutes.

**Grill** - Over medium heat for 12-14 minutes.

**Stove Top**— Bring 2/3 cups water to boil. Add Sausage. Cover and simmer 10-12 minutes.

**Shelf Life:**

Frozen: 6 Months

Refrigerated: 7 Days

**Ingredient Statement** Chicken, Water, Salt, Contains 2% Or Less: Sorbitol, Modified Corn Starch, Chili Pepper, Potassium Lactate, Maltodextrin, Sodium Phosphate, Dehydrated Garlic, Buttermilk, Dehydrated Onion, Natural Flavor, White Distilled Vinegar, Citric Acid, Spices, Pepper Sauce Powder (Red Pepper, Distilled Vinegar, Salt), Butter Oil, Sodium Erythorbate, Sodium Diacetate.

Nutrition Facts	
Serving size	1 bun (43g)
Amount per serving	
<b>Calories</b>	<b>130</b>
% Daily Value*	
Total Fat 2.5g	5%
Saturated Fat 0.5g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 23g	9%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 51mg	4%
Iron 1mg	0%
Potassium 39mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. A 2,000 calorie diet is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Gonnella IW Hot Dog Bun**  
**78296-58922**



**Handling Instructions:**

Keep product frozen until use. Thaw item(s) on an as needed basis. Do not re-freeze or store products in the cooler. Refrigeration increases the staling effect on bread.

Thawing time for whole case is 7-9 hours. It is faster if items are taken out of the case. Thaw product to ambient temperature and wipe dry any moisture off of the bags.

**Shelf Life:**

Frozen: 365 Days

Ambient: 12 Days

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, CONTAINS LESS THAN 2% OF YEAST, SALT, MONO- AND DIGLYCERIDES, CULTURED WHEAT FLOUR, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE, WHEAT GLUTEN, ENZYMES, CALCIUM PROPIONATE (PRESERVATIVE), SOY LECITHIN.  
 CONTAINS SOY, WHEAT.





# TAKE & BAKE



## **STORE PIZZA IN FREEZER BAKE WITHIN 14 DAYS TO INSURE MAXIMUM QUALITY**

### 1. POSITION RACK IN OVEN:

- MIDDLE FOR REGULAR
- ABOVE MIDDLE FOR THIN

### 2. PREHEAT OVEN TO 425°

### 3. ADD EXTRA TOPPING AS DESIRED, BE CREATIVE!

### 4. SLIDE PIZZA FROM CARDBOARD TO OVEN RACK, DISPOSE OF CARDBOARD

### 5. ROTATE PIZZA ½ TURN DURING BAKING IF NEEDED

### 6. CAREFULLY SLIDE PIZZA FROM RACK TO PAN

## **BAKING TIME**

### REGULAR OVEN:

REGULAR 12" PIZZA     14 – 16 MINUTES

THIN PIZZA                11 – 13 MINUTES

## **PIZZA IS READY WHEN**

THE RIM AND BOTTON OF THE CRUST ARE GOLDEN BROWN AND THE CHEESE BUBBLES AND BROWNS

## **CHEFS TIPS**

- DRAIN EXTRA TOPPING WELL TO PREVENT PIZZA FROM BECOMING SOGGY.
- AN OVERCOOKED PIZZA WILL BE TOUGH AND DRY.
- CAUTION: OVEN TEMPERATURES VARY. WATCH PIZZA CLOSELY TO PREVENT BURNING.
- WARNING: HOT CHEESE AND SAUCE WILL BURN YOU!
- LET PIZZA STAND FOR 2 MINUTES BEFORE CUTTING.
- BE CREATIVE. YOU CAN MAKE THE BEST PIZZA!



# WINGS & WINGBITES®



## HUNT BROTHERS® PIZZA WINGS

\*Please thaw the bone in wings in a refrigerator for 24 hours prior to cooking for best result.

### Oven:

- Pre-heat oven to 450 degrees Fahrenheit
- Place wings on a pan spaced out so they are not touching
- Bake 10-15 minutes or until internal temperature of the wing reaches 165 degrees or greater

\*If you do cook the wings from frozen, please cook for 20-25 minutes or until the internal temperature reaches 165 degrees or greater

## HUNT BROTHERS® PIZZA WINGBITES

\*Cook from Frozen

### Oven:

- Pre-heat oven to 450 degrees Fahrenheit
- Place Wingbites on a pan spaced out so they are not touching

Bake 25-35 minutes or until internal temperature of the wing reaches 165 degrees or greater

## Nutrition Facts

Serving Size: 1 Filet (110g)  
Servings Per Container: 80 (Approximately)

Amount Per Serving	
Calories 180	Calories from Fat 40
% Daily Value*	
<b>Total Fat</b> 4.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 80mg	27%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 0g	
Sugars 0g	
<b>Protein</b> 33g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Original Chicken Filet



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen filet(s) on baking sheet leaving space around each
3. Cook 19-21 minutes, flipping once at 10-11 minutes

*\*Note: Filet is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

Contains: Soy, Wheat

## Nutrition Facts

Serving Size: 1 Filet (113g)  
Servings Per Container: 80 (Approximately)

Amount Per Serving	
Calories 240	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 55mg	18%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber 2g	7%
Sugars 1g	7%
<b>Protein</b> 24g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Spicy Chicken Filet



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen filet(s) on baking sheet leaving space around each
3. Cook 19-21 minutes, flipping once at 10-11 minutes

*\*Note: Filet is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

Contains: Egg, Milk, Soy, Wheat

## Nutrition Facts

Serving Size: 1 Tender (95g)  
Servings Per Container: 160 (Approximately)

Amount Per Serving	
Calories 180	Calories from Fat 50
% Daily Value*	
<b>Total Fat</b> 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
<b>Cholesterol</b> 25mg	8%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 0g	
Sugars 4g	8%
<b>Protein</b> 10g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Chicken Tenders



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen tenders on baking sheet leaving space around each
3. Cook 18-20 minutes, flipping once at 9-10 minutes

*\*Note: Tender is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

Contains: Soy

## Nutrition Facts

Serving Size: 1 Sausage Patty (56g)  
Servings Per Container: 96

Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 15g	19%
Saturated Fat 5g	25%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	13%
<b>Sodium</b> 180mg	8%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 0g	
Sugars 2g	4%
<b>Protein</b> 8g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Sausage



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen sausage(s) on baking sheet leaving space around each
3. Cook 12-13 minutes, flipping once at 6-7 minutes

*\*Note: Sausage is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

Contains: Soy, Wheat

## Nutrition Facts

Serving Size: 1 Folded Egg (50g)  
Servings Per Container: 235

Amount Per Serving	
Calories 70	Calories from Fat 45
% Daily Value*	
<b>Total Fat</b> 5g	6%
Saturated Fat 1.5g	5%
Trans Fat 0g	
<b>Cholesterol</b> 185mg	62%
<b>Sodium</b> 65mg	3%
<b>Total Carbohydrate</b> 1g	0%
Dietary Fiber 0g	
Sugars 0g	
<b>Protein</b> 6g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Folded Scrambled Egg



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen egg(s) on baking sheet leaving space around each
3. Cook 13 minutes, flipping once at 6-7 minutes

*\*Note: Egg is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

Contains: Egg

## Nutrition Facts

Serving Size: 2 Bacon Strips (21g)  
Servings Per Container: 300

Amount Per Serving	
Calories 20	Calories from Fat 15
% Daily Value*	
<b>Total Fat</b> 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 80mg	27%
<b>Sodium</b> 360mg	16%
<b>Total Carbohydrate</b> 1g	0%
Dietary Fiber 0g	
Sugars 1g	0%
<b>Protein</b> 0g	

\*Percent Daily Values are based on a 2,000 calorie diet.

## Bacon



### Cooking Directions:

1. Preheat oven to 425° F (219°C)
2. Place frozen bacon on baking sheet leaving space around each
3. Cook 3-3.5 minutes

*\*Note: Bacon is pre-cooked, but should still reach 165° F (74° C)*

Ingredients: See Case Label

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 820mg	<b>34%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein</b> 10g	
Vitamin A 4%	Vitamin C 15%
Calcium 6%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Tex-Mex Cheeseburger RollerBites® 01200-2419



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, WATER, CHEDDAR STYLE SHREDS (WATER, FOOD STARCH, PALM OIL, WHEY, SALT, CASEINATE, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CARRAGEENAN, NATURAL FLAVOR, ARTIFICIAL COLOR, LACTIC ACID), JALAPENO PEPPERS, TEXTURED SOY FLOUR, DICED RED PEPPERS, PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SEASONING (NATURAL FLAVORS (INCLUDING SMOKE FLAVOR), DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), SEASONING (SALT, JALAPENO PEPPER AND OTHER SPICES, DEHYDRATED ONION, DEHYDRATED BELL PEPPERS, GARLIC POWDER, NATURAL FLAVORS), RICE FLOUR, SALT, CUMIN, NATURAL FLAVOR, SODIUM PHOSPHATE, CHILI PEPPER, RED PEPPER

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 820mg	<b>34%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein</b> 10g	
Vitamin A 4%	Vitamin C 15%
Calcium 6%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Tex-Mex Cheeseburger RollerBites® 01200-2419



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, WATER, CHEDDAR STYLE SHREDS (WATER, FOOD STARCH, PALM OIL, WHEY, SALT, CASEINATE, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CARRAGEENAN, NATURAL FLAVOR, ARTIFICIAL COLOR, LACTIC ACID), JALAPENO PEPPERS, TEXTURED SOY FLOUR, DICED RED PEPPERS, PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SEASONING (NATURAL FLAVORS (INCLUDING SMOKE FLAVOR), DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), SEASONING (SALT, JALAPENO PEPPER AND OTHER SPICES, DEHYDRATED ONION, DEHYDRATED BELL PEPPERS, GARLIC POWDER, NATURAL FLAVORS), RICE FLOUR, SALT, CUMIN, NATURAL FLAVOR, SODIUM PHOSPHATE, CHILI PEPPER, RED PEPPER

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 820mg	<b>34%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein</b> 10g	
Vitamin A 4%	Vitamin C 15%
Calcium 6%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Tex-Mex Cheeseburger RollerBites® 01200-2419



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, WATER, CHEDDAR STYLE SHREDS (WATER, FOOD STARCH, PALM OIL, WHEY, SALT, CASEINATE, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CARRAGEENAN, NATURAL FLAVOR, ARTIFICIAL COLOR, LACTIC ACID), JALAPENO PEPPERS, TEXTURED SOY FLOUR, DICED RED PEPPERS, PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SEASONING (NATURAL FLAVORS (INCLUDING SMOKE FLAVOR), DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), SEASONING (SALT, JALAPENO PEPPER AND OTHER SPICES, DEHYDRATED ONION, DEHYDRATED BELL PEPPERS, GARLIC POWDER, NATURAL FLAVORS), RICE FLOUR, SALT, CUMIN, NATURAL FLAVOR, SODIUM PHOSPHATE, CHILI PEPPER, RED PEPPER

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 820mg	<b>34%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein</b> 10g	
Vitamin A 4%	Vitamin C 15%
Calcium 6%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Tex-Mex Cheeseburger RollerBites® 01200-2419



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, WATER, CHEDDAR STYLE SHREDS (WATER, FOOD STARCH, PALM OIL, WHEY, SALT, CASEINATE, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CARRAGEENAN, NATURAL FLAVOR, ARTIFICIAL COLOR, LACTIC ACID), JALAPENO PEPPERS, TEXTURED SOY FLOUR, DICED RED PEPPERS, PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SEASONING (NATURAL FLAVORS (INCLUDING SMOKE FLAVOR), DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), SEASONING (SALT, JALAPENO PEPPER AND OTHER SPICES, DEHYDRATED ONION, DEHYDRATED BELL PEPPERS, GARLIC POWDER, NATURAL FLAVORS), RICE FLOUR, SALT, CUMIN, NATURAL FLAVOR, SODIUM PHOSPHATE, CHILI PEPPER, RED PEPPER

**CONTAINS:** MILK, SOY



## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 210	Calories from Fat 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>26%</b>
Saturated Fat 7g	35%
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 620mg	<b>26%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 12g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Cheeseburger Value RollerBites® 01200-2543



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), WATER, TEXTURED SOY FLOUR, SEASONING (NATURAL FLAVORS (INCLUDING SMOKE) DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), RICE FLOUR, SODIUM PHOSPHATE

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 210	Calories from Fat 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>26%</b>
Saturated Fat 7g	35%
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 620mg	<b>26%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 12g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Cheeseburger Value RollerBites® 01200-2543



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), WATER, TEXTURED SOY FLOUR, SEASONING (NATURAL FLAVORS (INCLUDING SMOKE) DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), RICE FLOUR, SODIUM PHOSPHATE

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 210	Calories from Fat 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>26%</b>
Saturated Fat 7g	35%
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 620mg	<b>26%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 12g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Cheeseburger Value RollerBites® 01200-2543



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), WATER, TEXTURED SOY FLOUR, SEASONING (NATURAL FLAVORS (INCLUDING SMOKE) DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), RICE FLOUR, SODIUM PHOSPHATE

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (71g/2.5oz)  
Servings Per Container 40

Amount Per Serving	
Calories 210	Calories from Fat 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>26%</b>
Saturated Fat 7g	35%
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 620mg	<b>26%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 12g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Home Market Foods, Norwood MA

## Cheeseburger Value RollerBites® 01200-2543



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** BEEF, TURKEY, MECHANICALLY SEPARATED CHICKEN, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), WATER, TEXTURED SOY FLOUR, SEASONING (NATURAL FLAVORS (INCLUDING SMOKE) DEXTROSE, SALT, HYDROLYZED SOY AND CORN PROTEIN), RICE FLOUR, SODIUM PHOSPHATE

**CONTAINS:** MILK, SOY

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 220	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	25%
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 570mg	<b>24%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber less than 1g	0%
Sugars 4g	
<b>Protein</b> 10g	

Vitamin A 4% • Vitamin C 0%  
Calcium 6% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Maple Breakfast Scrambler Chicken RollerBites® 01200-6405



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

Frozen - 12 months from the date of production;

Refrigerated – 14 days

**INGREDIENTS:** PORK, COOKED SCRAMBLED EGGS (WHOLE EGGS, MODIFIED CORN STARCH, SALT, CITRIC ACID, XANTHAN GUM), BREADING (ENRICHED WHEAT AND BLEACHED ENRICHED WHEAT FLOUR (BLEACH WHEAT FLOUR, WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SUGAR, EGG WHITES, PREGELATINIZED CORN AND YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), BUTTERMILK PRODUCT (SWEET CREAM, WHEY CREAM), MALTODextrin, NATURAL AND ARTIFICIAL FLAVORS, SOY FLOUR, SOYBEAN OIL, CORN STARCH, NATURAL BUTTER FLAVOR, WHEY, EGG YOLKS, HONEY, SOY LECITHIN, DEXTROSE, WHEAT STARCH), WATER, PASTEURIZED PROCESS CHeddar CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (DEXTROSE, SALT, SUGAR, SPICES, FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NATURAL FLAVORS), SUGAR, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CHICKEN, RICE FLOUR, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SALT, NATURAL FLAVOR, MAPLE FLAVOR (PROPYLENE GLYCOL, WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CARAMEL COLOR, MOLASSES), SODIUM PHOSPHATE, BEEF, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SUCRALOSE **CONTAINS:** EGGS, MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 220	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	25%
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 570mg	<b>24%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber less than 1g	0%
Sugars 4g	
<b>Protein</b> 10g	

Vitamin A 4% • Vitamin C 0%  
Calcium 6% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Maple Breakfast Scrambler Chicken RollerBites® 01200-6405



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

Frozen - 12 months from the date of production;

Refrigerated – 14 days

**INGREDIENTS:** PORK, COOKED SCRAMBLED EGGS (WHOLE EGGS, MODIFIED CORN STARCH, SALT, CITRIC ACID, XANTHAN GUM), BREADING (ENRICHED WHEAT AND BLEACHED ENRICHED WHEAT FLOUR (BLEACH WHEAT FLOUR, WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SUGAR, EGG WHITES, PREGELATINIZED CORN AND YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), BUTTERMILK PRODUCT (SWEET CREAM, WHEY CREAM), MALTODextrin, NATURAL AND ARTIFICIAL FLAVORS, SOY FLOUR, SOYBEAN OIL, CORN STARCH, NATURAL BUTTER FLAVOR, WHEY, EGG YOLKS, HONEY, SOY LECITHIN, DEXTROSE, WHEAT STARCH), WATER, PASTEURIZED PROCESS CHeddar CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (DEXTROSE, SALT, SUGAR, SPICES, FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NATURAL FLAVORS), SUGAR, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CHICKEN, RICE FLOUR, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SALT, NATURAL FLAVOR, MAPLE FLAVOR (PROPYLENE GLYCOL, WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CARAMEL COLOR, MOLASSES), SODIUM PHOSPHATE, BEEF, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SUCRALOSE **CONTAINS:** EGGS, MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 220	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	25%
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 570mg	<b>24%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber less than 1g	0%
Sugars 4g	
<b>Protein</b> 10g	

Vitamin A 4% • Vitamin C 0%  
Calcium 6% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Maple Breakfast Scrambler Chicken RollerBites® 01200-6405



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

Frozen - 12 months from the date of production;

Refrigerated – 14 days

**INGREDIENTS:** PORK, COOKED SCRAMBLED EGGS (WHOLE EGGS, MODIFIED CORN STARCH, SALT, CITRIC ACID, XANTHAN GUM), BREADING (ENRICHED WHEAT AND BLEACHED ENRICHED WHEAT FLOUR (BLEACH WHEAT FLOUR, WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SUGAR, EGG WHITES, PREGELATINIZED CORN AND YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), BUTTERMILK PRODUCT (SWEET CREAM, WHEY CREAM), MALTODextrin, NATURAL AND ARTIFICIAL FLAVORS, SOY FLOUR, SOYBEAN OIL, CORN STARCH, NATURAL BUTTER FLAVOR, WHEY, EGG YOLKS, HONEY, SOY LECITHIN, DEXTROSE, WHEAT STARCH), WATER, PASTEURIZED PROCESS CHeddar CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (DEXTROSE, SALT, SUGAR, SPICES, FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NATURAL FLAVORS), SUGAR, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CHICKEN, RICE FLOUR, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SALT, NATURAL FLAVOR, MAPLE FLAVOR (PROPYLENE GLYCOL, WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CARAMEL COLOR, MOLASSES), SODIUM PHOSPHATE, BEEF, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SUCRALOSE **CONTAINS:** EGGS, MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 220	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	25%
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 570mg	<b>24%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber less than 1g	0%
Sugars 4g	
<b>Protein</b> 10g	

Vitamin A 4% • Vitamin C 0%  
Calcium 6% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

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Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Maple Breakfast Scrambler Chicken RollerBites® 01200-6405



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

Frozen - 12 months from the date of production;

Refrigerated – 14 days

**INGREDIENTS:** PORK, COOKED SCRAMBLED EGGS (WHOLE EGGS, MODIFIED CORN STARCH, SALT, CITRIC ACID, XANTHAN GUM), BREADING (ENRICHED WHEAT AND BLEACHED ENRICHED WHEAT FLOUR (BLEACH WHEAT FLOUR, WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SUGAR, EGG WHITES, PREGELATINIZED CORN AND YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), BUTTERMILK PRODUCT (SWEET CREAM, WHEY CREAM), MALTODextrin, NATURAL AND ARTIFICIAL FLAVORS, SOY FLOUR, SOYBEAN OIL, CORN STARCH, NATURAL BUTTER FLAVOR, WHEY, EGG YOLKS, HONEY, SOY LECITHIN, DEXTROSE, WHEAT STARCH), WATER, PASTEURIZED PROCESS CHeddar CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (DEXTROSE, SALT, SUGAR, SPICES, FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NATURAL FLAVORS), SUGAR, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CHICKEN, RICE FLOUR, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SALT, NATURAL FLAVOR, MAPLE FLAVOR (PROPYLENE GLYCOL, WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CARAMEL COLOR, MOLASSES), SODIUM PHOSPHATE, BEEF, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SUCRALOSE **CONTAINS:** EGGS, MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	15%
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 490mg	<b>20%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



## Monterey Jack Chicken RollerBites® 01200-6440

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED MONTEREY JACK AND SWISS CHEESE (MONTEREY JACK CHEESE AND SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, MILK FAT, SALT, ARTIFICIAL COLOR), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), CHEESE FLAVOR (DEHYDRATED BLEND OF WHEY, CHEESE (GRANULAR AND BLUE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), SUNFLOWER OIL, MALTODEXTRIN, SALT, SODIUM PHOSPHATE, CITRIC ACID, LACTIC ACID), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), PRESERVATIVES (CITRIC ACID, POTASSIUM SORBATE, SODIUM BENZOATE), SODIUM PHOSPHATE, NATURAL FLAVORS, XANTHAN GUM, ANNATTO EXTRACT

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
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<b>Sodium</b> 490mg	<b>20%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



## Monterey Jack Chicken RollerBites® 01200-6440

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED MONTEREY JACK AND SWISS CHEESE (MONTEREY JACK CHEESE AND SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, MILK FAT, SALT, ARTIFICIAL COLOR), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), CHEESE FLAVOR (DEHYDRATED BLEND OF WHEY, CHEESE (GRANULAR AND BLUE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), SUNFLOWER OIL, MALTODEXTRIN, SALT, SODIUM PHOSPHATE, CITRIC ACID, LACTIC ACID), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), PRESERVATIVES (CITRIC ACID, POTASSIUM SORBATE, SODIUM BENZOATE), SODIUM PHOSPHATE, NATURAL FLAVORS, XANTHAN GUM, ANNATTO EXTRACT

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

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% Daily Value*	
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<b>Sodium</b> 490mg	<b>20%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
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Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



## Monterey Jack Chicken RollerBites® 01200-6440

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED MONTEREY JACK AND SWISS CHEESE (MONTEREY JACK CHEESE AND SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, MILK FAT, SALT, ARTIFICIAL COLOR), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), CHEESE FLAVOR (DEHYDRATED BLEND OF WHEY, CHEESE (GRANULAR AND BLUE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), SUNFLOWER OIL, MALTODEXTRIN, SALT, SODIUM PHOSPHATE, CITRIC ACID, LACTIC ACID), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), PRESERVATIVES (CITRIC ACID, POTASSIUM SORBATE, SODIUM BENZOATE), SODIUM PHOSPHATE, NATURAL FLAVORS, XANTHAN GUM, ANNATTO EXTRACT

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	15%
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 490mg	<b>20%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



## Monterey Jack Chicken RollerBites® 01200-6440

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED MONTEREY JACK AND SWISS CHEESE (MONTEREY JACK CHEESE AND SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, MILK FAT, SALT, ARTIFICIAL COLOR), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), CHEESE FLAVOR (DEHYDRATED BLEND OF WHEY, CHEESE (GRANULAR AND BLUE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), SUNFLOWER OIL, MALTODEXTRIN, SALT, SODIUM PHOSPHATE, CITRIC ACID, LACTIC ACID), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), PRESERVATIVES (CITRIC ACID, POTASSIUM SORBATE, SODIUM BENZOATE), SODIUM PHOSPHATE, NATURAL FLAVORS, XANTHAN GUM, ANNATTO EXTRACT

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA



## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 200	Calories from Fat 90
% Daily Value*	
<b>Total Fat</b> 10g	<b>15%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 550mg	<b>23%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 0g	0%
Sugars 3g	

Protein 14g	
Vitamin A 2%	Vitamin C 2%
Calcium 10%	Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

## Spicy Asian Chicken RollerBites® 01200-6449



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, WHEAT GLUTEN, YEAST, SPICE, SOYBEAN OIL, SUGAR, ASCORBIC ACID (DOUGH CONDITIONER), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), XANTHAN GUM, NATURAL FLAVORS, TORULA YEAST), WATER, PART SKIM MOZZARELLA CHEESE (PASTEURIZED SKIMMED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), MILK SOLIDS (NONFAT DRY MILK, WHEY), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (GARLIC AND ONION POWDER, SOY SAUCE POWDER (SOY SAUCE (FERMENTED SOYBEANS, WHEAT AND SALT), MALTODEXTRIN, SALT), SPICES, VINEGAR POWDER (MALTODEXTRIN, WHITE DISTILLED VINEGAR, MODIFIED CORN STARCH), SALT, RICE FLOUR, CARAMEL COLOR, OLEORESIN PAPRIKA), BROWN SUGAR, SUGAR, MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, SPICES, RED PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SWEET POTATO EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, ORANGE OIL

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 200	Calories from Fat 90
% Daily Value*	
<b>Total Fat</b> 10g	<b>15%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 550mg	<b>23%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 0g	0%
Sugars 3g	

Protein 14g	
Vitamin A 2%	Vitamin C 2%
Calcium 10%	Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

## Spicy Asian Chicken RollerBites® 01200-6449



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, WHEAT GLUTEN, YEAST, SPICE, SOYBEAN OIL, SUGAR, ASCORBIC ACID (DOUGH CONDITIONER), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), XANTHAN GUM, NATURAL FLAVORS, TORULA YEAST), WATER, PART SKIM MOZZARELLA CHEESE (PASTEURIZED SKIMMED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), MILK SOLIDS (NONFAT DRY MILK, WHEY), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (GARLIC AND ONION POWDER, SOY SAUCE POWDER (SOY SAUCE (FERMENTED SOYBEANS, WHEAT AND SALT), MALTODEXTRIN, SALT), SPICES, VINEGAR POWDER (MALTODEXTRIN, WHITE DISTILLED VINEGAR, MODIFIED CORN STARCH), SALT, RICE FLOUR, CARAMEL COLOR, OLEORESIN PAPRIKA), BROWN SUGAR, SUGAR, MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, SPICES, RED PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SWEET POTATO EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, ORANGE OIL

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 200	Calories from Fat 90
% Daily Value*	
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Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 550mg	<b>23%</b>
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Dietary Fiber 0g	0%
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Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

## Spicy Asian Chicken RollerBites® 01200-6449



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, WHEAT GLUTEN, YEAST, SPICE, SOYBEAN OIL, SUGAR, ASCORBIC ACID (DOUGH CONDITIONER), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), XANTHAN GUM, NATURAL FLAVORS, TORULA YEAST), WATER, PART SKIM MOZZARELLA CHEESE (PASTEURIZED SKIMMED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), MILK SOLIDS (NONFAT DRY MILK, WHEY), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (GARLIC AND ONION POWDER, SOY SAUCE POWDER (SOY SAUCE (FERMENTED SOYBEANS, WHEAT AND SALT), MALTODEXTRIN, SALT), SPICES, VINEGAR POWDER (MALTODEXTRIN, WHITE DISTILLED VINEGAR, MODIFIED CORN STARCH), SALT, RICE FLOUR, CARAMEL COLOR, OLEORESIN PAPRIKA), BROWN SUGAR, SUGAR, MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, SPICES, RED PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SWEET POTATO EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, ORANGE OIL

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
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% Daily Value*	
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## Spicy Asian Chicken RollerBites® 01200-6449



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, WHEAT GLUTEN, YEAST, SPICE, SOYBEAN OIL, SUGAR, ASCORBIC ACID (DOUGH CONDITIONER), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), XANTHAN GUM, NATURAL FLAVORS, TORULA YEAST), WATER, PART SKIM MOZZARELLA CHEESE (PASTEURIZED SKIMMED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), MILK SOLIDS (NONFAT DRY MILK, WHEY), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (GARLIC AND ONION POWDER, SOY SAUCE POWDER (SOY SAUCE (FERMENTED SOYBEANS, WHEAT AND SALT), MALTODEXTRIN, SALT), SPICES, VINEGAR POWDER (MALTODEXTRIN, WHITE DISTILLED VINEGAR, MODIFIED CORN STARCH), SALT, RICE FLOUR, CARAMEL COLOR, OLEORESIN PAPRIKA), BROWN SUGAR, SUGAR, MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, SPICES, RED PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SWEET POTATO EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, ORANGE OIL

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA



## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 190	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 2.5g	13%
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 980mg	41%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 15g	
Vitamin A 6%	Vitamin C 10%
Calcium 4%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Bacon & Cheese Chicken RollerBites® 01200-6450



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), BACON (CURED WITH WATER, SALT, BROWN SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (DEHYDRATED BELL PEPPERS, POTASSIUM SORBATE, SODIUM BENZOATE), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SMOKE FLAVOR, NATURAL FLAVORS, SODIUM PHOSPHATE, XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
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Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 15g	
Vitamin A 6%	Vitamin C 10%
Calcium 4%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

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Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Bacon & Cheese Chicken RollerBites® 01200-6450



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), BACON (CURED WITH WATER, SALT, BROWN SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (DEHYDRATED BELL PEPPERS, POTASSIUM SORBATE, SODIUM BENZOATE), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SMOKE FLAVOR, NATURAL FLAVORS, SODIUM PHOSPHATE, XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
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Sugars 1g	
<b>Protein</b> 15g	
Vitamin A 6%	Vitamin C 10%
Calcium 4%	Iron 6%

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Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Bacon & Cheese Chicken RollerBites® 01200-6450



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), BACON (CURED WITH WATER, SALT, BROWN SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (DEHYDRATED BELL PEPPERS, POTASSIUM SORBATE, SODIUM BENZOATE), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SMOKE FLAVOR, NATURAL FLAVORS, SODIUM PHOSPHATE, XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
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Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein</b> 15g	
Vitamin A 6%	Vitamin C 10%
Calcium 4%	Iron 6%

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Cholesterol	Less than 300mg	300mg
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Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Bacon & Cheese Chicken RollerBites® 01200-6450



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), BACON (CURED WITH WATER, SALT, BROWN SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), PASTEURIZED PROCESSED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, MILK FAT, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYME MODIFIED CHEESE FLAVOR, SALT), SOYBEAN OIL, SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (DEHYDRATED BELL PEPPERS, POTASSIUM SORBATE, SODIUM BENZOATE), MODIFIED CORN STARCH, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), SMOKE FLAVOR, NATURAL FLAVORS, SODIUM PHOSPHATE, XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 190	Calories from Fat 90
% Daily Value*	
<b>Total Fat</b> 10g	<b>15%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 600mg	<b>25%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 2g	
<b>Protein</b> 13g	
Vitamin A 4%	Vitamin C 8%
Calcium 10%	Iron 8%

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Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

## Nashville Hot Chicken RollerBites® 01200-6453



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, SALT, SPICES, NATURAL FLAVORS, MODIFIED FOOD STARCH, WHEAT GLUTEN, YEAST, LACTIC ACID), BUTTERMILK, BROWN SUGAR, MALTODEXTRIN, SOYBEAN OIL, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER), SUGAR, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), MALIC ACID, VINEGAR, CITRIC ACID), WATER, PASTEURIZED PROCESS SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, MILK SOLIDS (NONFAT DRY MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NON-FAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (MALTODEXTRIN, MODIFIED CORN STARCH, SPICES, SALT, BUTTERMILK, GARLIC POWDER, LACTIC ACID), BROWN SUGAR, ONION POWDER, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), NATURAL FLAVORS, VINEGAR, MALIC ACID, CITRIC ACID), CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, RED BELL PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, RED PEPPER, SWEET POTATO EXTRACT, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), HABANERO CHILI POWDER  
**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
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% Daily Value*	
<b>Total Fat</b> 10g	<b>15%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 600mg	<b>25%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber 0g	0%
Sugars 2g	
<b>Protein</b> 13g	
Vitamin A 4%	Vitamin C 8%
Calcium 10%	Iron 8%

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Total Carbohydrate	300g	375g
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## Nashville Hot Chicken RollerBites® 01200-6453



### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, SALT, SPICES, NATURAL FLAVORS, MODIFIED FOOD STARCH, WHEAT GLUTEN, YEAST, LACTIC ACID), BUTTERMILK, BROWN SUGAR, MALTODEXTRIN, SOYBEAN OIL, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER), SUGAR, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), MALIC ACID, VINEGAR, CITRIC ACID), WATER, PASTEURIZED PROCESS SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, MILK SOLIDS (NONFAT DRY MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NON-FAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (MALTODEXTRIN, MODIFIED CORN STARCH, SPICES, SALT, BUTTERMILK, GARLIC POWDER, LACTIC ACID), BROWN SUGAR, ONION POWDER, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), NATURAL FLAVORS, VINEGAR, MALIC ACID, CITRIC ACID), CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, RED BELL PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, RED PEPPER, SWEET POTATO EXTRACT, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), HABANERO CHILI POWDER  
**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

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Servings Per Container 24

Amount Per Serving	
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% Daily Value*	
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## Nashville Hot Chicken RollerBites® 01200-6453



### Cooking Directions:

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### Shelf Life:

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**INGREDIENTS:** CHICKEN, BREADING (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, SALT, SPICES, NATURAL FLAVORS, MODIFIED FOOD STARCH, WHEAT GLUTEN, YEAST, LACTIC ACID), BUTTERMILK, BROWN SUGAR, MALTODEXTRIN, SOYBEAN OIL, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER), SUGAR, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), MALIC ACID, VINEGAR, CITRIC ACID), WATER, PASTEURIZED PROCESS SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, MILK SOLIDS (NONFAT DRY MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NON-FAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (MALTODEXTRIN, MODIFIED CORN STARCH, SPICES, SALT, BUTTERMILK, GARLIC POWDER, LACTIC ACID), BROWN SUGAR, ONION POWDER, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), NATURAL FLAVORS, VINEGAR, MALIC ACID, CITRIC ACID), CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, RED BELL PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, RED PEPPER, SWEET POTATO EXTRACT, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), HABANERO CHILI POWDER  
**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

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### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, BREADING (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, SALT, SPICES, NATURAL FLAVORS, MODIFIED FOOD STARCH, WHEAT GLUTEN, YEAST, LACTIC ACID), BUTTERMILK, BROWN SUGAR, MALTODEXTRIN, SOYBEAN OIL, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER), SUGAR, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), MALIC ACID, VINEGAR, CITRIC ACID), WATER, PASTEURIZED PROCESS SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, MILK SOLIDS (NONFAT DRY MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NON-FAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), SEASONING (MALTODEXTRIN, MODIFIED CORN STARCH, SPICES, SALT, BUTTERMILK, GARLIC POWDER, LACTIC ACID), BROWN SUGAR, ONION POWDER, CAYENNE PEPPER SAUCE (AGED RED PEPPER, VINEGAR, SALT, GARLIC), NATURAL FLAVORS, VINEGAR, MALIC ACID, CITRIC ACID), CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MODIFIED CORN STARCH, DISTILLED VINEGAR, NATURAL FLAVORS, SODIUM PHOSPHATE, RED BELL PEPPER, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM, RED PEPPER, SWEET POTATO EXTRACT, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), HABANERO CHILI POWDER  
**CONTAINS:** MILK, SOY, WHEAT

Home Market Foods, Norwood MA

## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 180	Calories from Fat 70

	% Daily Value*
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 2.5g	<b>13%</b>
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 610mg	<b>25%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	

**Protein** 14g

Vitamin A 0% • Vitamin C 4%  
Calcium 10% • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Cheesy Buffalo Ranch Chicken RollerBites®

01200-6497

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MILK SOLIDS (MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), DISTILLED VINEGAR, SEASONING (SPICE, CITRIC ACID, GARLIC POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), MODIFIED CORN STARCH, NATURAL FLAVORS, SODIUM PHOSPHATE, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA



## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

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<b>Sodium</b> 610mg	<b>25%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	

**Protein** 14g

Vitamin A 0% • Vitamin C 4%  
Calcium 10% • Iron 6%

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Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Cheesy Buffalo Ranch Chicken RollerBites®

01200-6497

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MILK SOLIDS (MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), DISTILLED VINEGAR, SEASONING (SPICE, CITRIC ACID, GARLIC POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), MODIFIED CORN STARCH, NATURAL FLAVORS, SODIUM PHOSPHATE, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA



## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
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	% Daily Value*
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Dietary Fiber 0g	<b>0%</b>
Sugars 2g	

**Protein** 14g

Vitamin A 0% • Vitamin C 4%  
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Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Cheesy Buffalo Ranch Chicken RollerBites®

01200-6497

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MILK SOLIDS (MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), DISTILLED VINEGAR, SEASONING (SPICE, CITRIC ACID, GARLIC POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), MODIFIED CORN STARCH, NATURAL FLAVORS, SODIUM PHOSPHATE, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA



## Nutrition Facts

Serving Size 1 piece (82g/2.9oz)  
Servings Per Container 24

Amount Per Serving	
Calories 180	Calories from Fat 70

	% Daily Value*
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<b>Cholesterol</b> 40mg	<b>13%</b>
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<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	

**Protein** 14g

Vitamin A 0% • Vitamin C 4%  
Calcium 10% • Iron 6%

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Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Cheesy Buffalo Ranch Chicken RollerBites®

01200-6497

### Cooking Directions:

Preheat oven to 375°

Place *RollerBites* on baking tray

If FROZEN, heat for 15-20 minutes

If THAWED, heat for 8-10 minutes

Or until internal temperature reaches 165°

### Shelf Life:

**Frozen** - 12 months from the date of production;

**Refrigerated** – 14 days

**INGREDIENTS:** CHICKEN, WATER, BREADING (ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL), PASTEURIZED PROCESSED SWISS CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)), SOYBEAN OIL, CAYENNE PEPPER PUREE (CAYENNE PEPPER, SALT, VINEGAR), MILK SOLIDS (MILK, WHEY), SEASONING (SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR), DISTILLED VINEGAR, SEASONING (SPICE, CITRIC ACID, GARLIC POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), MODIFIED CORN STARCH, NATURAL FLAVORS, SODIUM PHOSPHATE, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR (WITH MILK)), XANTHAN GUM

**CONTAINS:** MILK, SOY, WHEAT Home Market Foods, Norwood MA





## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	4%
Calcium	6%
Iron	8%

\* Percent Daily Values based on a 2,000 Calorie Diet

## SUPREME OMELET TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGG, PARTLY SKIMMED MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR PEPPER EXTRACT), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPERS, BAKING POWDER, GUAR GUM, SPICE EXTRACTS, NATURAL FLAVOUR), COOKED CRUMBLED PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACT), CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CHEESE SAUCE (WATER, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)], MODIFIED CORNSTARCH, CREAM CHEESE PRODUCT [MILK, CREAM, BACTERIAL CULTURE, SALT, STABILIZERS (XANTHAN AND/OR LOCUST BEAN AND/OR GUAR GUMS)], SOYBEAN AND/OR CANOLA OILS, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE AND/OR XANTHAN GUMS, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOUR), NATURAL FLAVOURS, ANNATTO EXTRACT (COLOUR)), BELL PEPPERS, COOKED HAM (PORK, WATER, DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), ONION, MALTODEXTRIN, DEXTROSE, JALAPENO PEPPER PUREE (SALT, ACETIC ACID), MODIFIED CORNSTARCH, TOMATO PASTE (TOMATOES), SALT, LACTIC ACID, DISTILLED WHITE VINEGAR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 270mg	11%
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Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
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Calcium	6%
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## SUPREME OMELET TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGG, PARTLY SKIMMED MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR PEPPER EXTRACT), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPERS, BAKING POWDER, GUAR GUM, SPICE EXTRACTS, NATURAL FLAVOUR), COOKED CRUMBLED PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACT), CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CHEESE SAUCE (WATER, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)], MODIFIED CORNSTARCH, CREAM CHEESE PRODUCT [MILK, CREAM, BACTERIAL CULTURE, SALT, STABILIZERS (XANTHAN AND/OR LOCUST BEAN AND/OR GUAR GUMS)], SOYBEAN AND/OR CANOLA OILS, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE AND/OR XANTHAN GUMS, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOUR), NATURAL FLAVOURS, ANNATTO EXTRACT (COLOUR)), BELL PEPPERS, COOKED HAM (PORK, WATER, DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), ONION, MALTODEXTRIN, DEXTROSE, JALAPENO PEPPER PUREE (SALT, ACETIC ACID), MODIFIED CORNSTARCH, TOMATO PASTE (TOMATOES), SALT, LACTIC ACID, DISTILLED WHITE VINEGAR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).

## Nutrition Facts

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### Cooking Directions:

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HEAT FOR: **25 MINUTES** (Frozen)  
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PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGG, PARTLY SKIMMED MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR PEPPER EXTRACT), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPERS, BAKING POWDER, GUAR GUM, SPICE EXTRACTS, NATURAL FLAVOUR), COOKED CRUMBLED PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACT), CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CHEESE SAUCE (WATER, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)], MODIFIED CORNSTARCH, CREAM CHEESE PRODUCT [MILK, CREAM, BACTERIAL CULTURE, SALT, STABILIZERS (XANTHAN AND/OR LOCUST BEAN AND/OR GUAR GUMS)], SOYBEAN AND/OR CANOLA OILS, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE AND/OR XANTHAN GUMS, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOUR), NATURAL FLAVOURS, ANNATTO EXTRACT (COLOUR)), BELL PEPPERS, COOKED HAM (PORK, WATER, DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), ONION, MALTODEXTRIN, DEXTROSE, JALAPENO PEPPER PUREE (SALT, ACETIC ACID), MODIFIED CORNSTARCH, TOMATO PASTE (TOMATOES), SALT, LACTIC ACID, DISTILLED WHITE VINEGAR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	4%
Calcium	6%
Iron	8%

\* Percent Daily Values based on a 2,000 Calorie Diet

## SUPREME OMELET TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGG, PARTLY SKIMMED MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR PEPPER EXTRACT), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPERS, BAKING POWDER, GUAR GUM, SPICE EXTRACTS, NATURAL FLAVOUR), COOKED CRUMBLED PORK SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACT), CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CHEESE SAUCE (WATER, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, ANNATTO (COLOUR)], MODIFIED CORNSTARCH, CREAM CHEESE PRODUCT [MILK, CREAM, BACTERIAL CULTURE, SALT, STABILIZERS (XANTHAN AND/OR LOCUST BEAN AND/OR GUAR GUMS)], SOYBEAN AND/OR CANOLA OILS, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE AND/OR XANTHAN GUMS, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOUR), NATURAL FLAVOURS, ANNATTO EXTRACT (COLOUR)), BELL PEPPERS, COOKED HAM (PORK, WATER, DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), ONION, MALTODEXTRIN, DEXTROSE, JALAPENO PEPPER PUREE (SALT, ACETIC ACID), MODIFIED CORNSTARCH, TOMATO PASTE (TOMATOES), SALT, LACTIC ACID, DISTILLED WHITE VINEGAR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).



## Nutrition Facts

Serving Size 1 Piece (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## SAUSAGE, EGG & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), COOKED SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), PROCESSED CHEDDAR CHEESE PRODUCT (WATER, PALM OIL, CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CASEIN, MODIFIED POTATO STARCH, SODIUM PHOSPHATES, SALT, LACTIC ACID, NATURAL FLAVOUR, ANNATTO), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), MALTODEXTRIN, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), MODIFIED CORNSTARCH, DEXTROSE, SALT, LACTIC ACID, DEHYDRATED ONION, CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO), SPICES, CHICKEN FLAVOUR (SALT, YEAST EXTRACT, MALTODEXTRIN, SUNFLOWER OIL, NATURAL FLAVOUR, TURMERIC EXTRACT), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** EGG, WHEAT, MILK

## Nutrition Facts

Serving Size 1 Piece (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## SAUSAGE, EGG & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), COOKED SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), PROCESSED CHEDDAR CHEESE PRODUCT (WATER, PALM OIL, CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CASEIN, MODIFIED POTATO STARCH, SODIUM PHOSPHATES, SALT, LACTIC ACID, NATURAL FLAVOUR, ANNATTO), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), MALTODEXTRIN, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), MODIFIED CORNSTARCH, DEXTROSE, SALT, LACTIC ACID, DEHYDRATED ONION, CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO), SPICES, CHICKEN FLAVOUR (SALT, YEAST EXTRACT, MALTODEXTRIN, SUNFLOWER OIL, NATURAL FLAVOUR, TURMERIC EXTRACT), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** EGG, WHEAT, MILK

## Nutrition Facts

Serving Size 1 Piece (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
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% Daily Value *	
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Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## SAUSAGE, EGG & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), COOKED SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), PROCESSED CHEDDAR CHEESE PRODUCT (WATER, PALM OIL, CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CASEIN, MODIFIED POTATO STARCH, SODIUM PHOSPHATES, SALT, LACTIC ACID, NATURAL FLAVOUR, ANNATTO), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), MALTODEXTRIN, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), MODIFIED CORNSTARCH, DEXTROSE, SALT, LACTIC ACID, DEHYDRATED ONION, CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO), SPICES, CHICKEN FLAVOUR (SALT, YEAST EXTRACT, MALTODEXTRIN, SUNFLOWER OIL, NATURAL FLAVOUR, TURMERIC EXTRACT), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** EGG, WHEAT, MILK

## Nutrition Facts

Serving Size 1 Piece (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 190	Calories from Fat 80
% Daily Value *	
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## SAUSAGE, EGG & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGG PRODUCT (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), COOKED SAUSAGE (PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), PROCESSED CHEDDAR CHEESE PRODUCT (WATER, PALM OIL, CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), CASEIN, MODIFIED POTATO STARCH, SODIUM PHOSPHATES, SALT, LACTIC ACID, NATURAL FLAVOUR, ANNATTO), MONTEREY JACK CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), MALTODEXTRIN, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), MODIFIED CORNSTARCH, DEXTROSE, SALT, LACTIC ACID, DEHYDRATED ONION, CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO), SPICES, CHICKEN FLAVOUR (SALT, YEAST EXTRACT, MALTODEXTRIN, SUNFLOWER OIL, NATURAL FLAVOUR, TURMERIC EXTRACT), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** EGG, WHEAT, MILK

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value *	
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%

\* Percent Daily Values based on a 2,000  
Calorie Diet

## EGG, BACON, CHEESE & SALSA TORNADO

**Cooking Directions:**  
PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR E.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

**SHELF LIFE:**  
**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGGS (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), PROCESSED MONTEREY JACK AND AMERICAN CHEESE PRODUCT WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED CORNSTARCH, RED AND GREEN JALAPENO PEPPERS, SALT, LACTIC ACID), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOUR), CHEESE SAUCE (WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MODIFIED CORN STARCH, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (XANTHAN, LOCUST BEAN AND/OR GUAR GUMS)), CANOLA OIL, NONFAT DRY MILK, WHEY, SODIUM PHOSPHATE, SALT, CORN STARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOR), NATURAL FLAVORS, ANNATTO EXTRACT (COLOR)), ONION, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), MALTODEXTRIN, TOMATO PASTE (TOMATOES), DEXTROSE, MODIFIED CORNSTARCH, SALT, DISTILLED VINEGAR, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO (COLOUR)), LACTIC ACID, SPICE, GARLIC (WITH CITRIC ACID), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE



## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value *	
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Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%

\* Percent Daily Values based on a 2,000  
Calorie Diet

## EGG, BACON, CHEESE & SALSA TORNADO

**Cooking Directions:**  
PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR E.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

**SHELF LIFE:**  
**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGGS (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), PROCESSED MONTEREY JACK AND AMERICAN CHEESE PRODUCT WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED CORNSTARCH, RED AND GREEN JALAPENO PEPPERS, SALT, LACTIC ACID), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOUR), CHEESE SAUCE (WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MODIFIED CORN STARCH, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (XANTHAN, LOCUST BEAN AND/OR GUAR GUMS)), CANOLA OIL, NONFAT DRY MILK, WHEY, SODIUM PHOSPHATE, SALT, CORN STARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOR), NATURAL FLAVORS, ANNATTO EXTRACT (COLOR)), ONION, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), MALTODEXTRIN, TOMATO PASTE (TOMATOES), DEXTROSE, MODIFIED CORNSTARCH, SALT, DISTILLED VINEGAR, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO (COLOUR)), LACTIC ACID, SPICE, GARLIC (WITH CITRIC ACID), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE



## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value *	
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%

\* Percent Daily Values based on a 2,000  
Calorie Diet

## EGG, BACON, CHEESE & SALSA TORNADO

**Cooking Directions:**  
PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR E.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

**SHELF LIFE:**  
**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGGS (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), PROCESSED MONTEREY JACK AND AMERICAN CHEESE PRODUCT WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED CORNSTARCH, RED AND GREEN JALAPENO PEPPERS, SALT, LACTIC ACID), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOUR), CHEESE SAUCE (WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MODIFIED CORN STARCH, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (XANTHAN, LOCUST BEAN AND/OR GUAR GUMS)), CANOLA OIL, NONFAT DRY MILK, WHEY, SODIUM PHOSPHATE, SALT, CORN STARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOR), NATURAL FLAVORS, ANNATTO EXTRACT (COLOR)), ONION, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), MALTODEXTRIN, TOMATO PASTE (TOMATOES), DEXTROSE, MODIFIED CORNSTARCH, SALT, DISTILLED VINEGAR, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO (COLOUR)), LACTIC ACID, SPICE, GARLIC (WITH CITRIC ACID), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE



## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value *	
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	
Vitamin A	4%
Vitamin C	2%
Calcium	4%
Iron	8%

\* Percent Daily Values based on a 2,000  
Calorie Diet

## EGG, BACON, CHEESE & SALSA TORNADO

**Cooking Directions:**  
PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR E.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

**SHELF LIFE:**  
**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SCRAMBLED EGGS (LIQUID WHOLE EGGS, SKIM MILK, MODIFIED CORNSTARCH, SALT, XANTHAN GUM, CITRIC ACID, PEPPER AND/OR LIQUID PEPPER), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), COOKED BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), PROCESSED MONTEREY JACK AND AMERICAN CHEESE PRODUCT WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED CORNSTARCH, RED AND GREEN JALAPENO PEPPERS, SALT, LACTIC ACID), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOUR), CHEESE SAUCE (WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MODIFIED CORN STARCH, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (XANTHAN, LOCUST BEAN AND/OR GUAR GUMS)), CANOLA OIL, NONFAT DRY MILK, WHEY, SODIUM PHOSPHATE, SALT, CORN STARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOR), NATURAL FLAVORS, ANNATTO EXTRACT (COLOR)), ONION, GREEN CHILI PEPPERS (WITH SALT, CITRIC ACID, CALCIUM CHLORIDE), TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), MALTODEXTRIN, TOMATO PASTE (TOMATOES), DEXTROSE, MODIFIED CORNSTARCH, SALT, DISTILLED VINEGAR, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), CHEDDAR FLAVOUR (CORN SYRUP SOLIDS, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SALT, YEAST EXTRACT, DISODIUM PHOSPHATE, NATURAL FLAVOURS, ANNATTO (COLOUR)), LACTIC ACID, SPICE, GARLIC (WITH CITRIC ACID), DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE



## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

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% Daily Value *	
Total Fat 8g	12%
Saturated Fat 2g	0%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 200mg	8%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	15%

\* Percent Daily Values based on a 2,000 Calorie Diet

## FRENCH TOAST TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** FULLY COOKED MAPLE SAUSAGE LINK, MADE WITH MECHANICALLY SEPARATED TURKEY, BHA, BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR (MECHANICALLY SEPARATED TURKEY, WATER, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SUGAR, SALT, SPICES, DEXTROSE, BROWN SUGAR, DEHYDRATED PORK STOCK (PORK STOCK, NATURAL FLAVOR), MAPLE SUGAR, SEASONING (GLUCOSE, CARAMEL COLOR, CORN SYRUP, PURE MAPLE SYRUP), CITRIC ACID, BHA, BHT)), WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND/OR CORN OIL), BATTER MIX (WHEAT FLOUR, YELLOW CORN FLOUR, DEXTROSE, CORNSTARCH, SUGAR, TAPIOCA DEXTRIN, EGGS, NONFAT MILK, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SALT, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICE, SUCRALOSE, GUAR GUM, MAPLE SYRUP, BROWN SUGAR MOLASSES), MALTODEXTRIN, TORTILLA FLOUR BLEND (SALT, RICE FLOUR, GUAR GUM, WHEAT, SODIUM BICARBONATE, CORN STARCH, WHEAT STARCH, FOOD STARCH, DOUGH CONDITIONERS (SODIUM METABISULFITE, SODIUM STEAROYL LACTYLATE, L-CYSTEINE, MONO AND DIGLYCERIDES, DICALCIUM PHOSPHATE), MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE (TO PREVENT CAKING)), DEXTROSE. **CONTAINS:** WHEAT, MILK, SOY, EGGS

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value *	
Total Fat 8g	12%
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Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 200mg	8%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	15%

\* Percent Daily Values based on a 2,000 Calorie Diet

## FRENCH TOAST TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** FULLY COOKED MAPLE SAUSAGE LINK, MADE WITH MECHANICALLY SEPARATED TURKEY, BHA, BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR (MECHANICALLY SEPARATED TURKEY, WATER, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SUGAR, SALT, SPICES, DEXTROSE, BROWN SUGAR, DEHYDRATED PORK STOCK (PORK STOCK, NATURAL FLAVOR), MAPLE SUGAR, SEASONING (GLUCOSE, CARAMEL COLOR, CORN SYRUP, PURE MAPLE SYRUP), CITRIC ACID, BHA, BHT)), WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND/OR CORN OIL), BATTER MIX (WHEAT FLOUR, YELLOW CORN FLOUR, DEXTROSE, CORNSTARCH, SUGAR, TAPIOCA DEXTRIN, EGGS, NONFAT MILK, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SALT, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICE, SUCRALOSE, GUAR GUM, MAPLE SYRUP, BROWN SUGAR MOLASSES), MALTODEXTRIN, TORTILLA FLOUR BLEND (SALT, RICE FLOUR, GUAR GUM, WHEAT, SODIUM BICARBONATE, CORN STARCH, WHEAT STARCH, FOOD STARCH, DOUGH CONDITIONERS (SODIUM METABISULFITE, SODIUM STEAROYL LACTYLATE, L-CYSTEINE, MONO AND DIGLYCERIDES, DICALCIUM PHOSPHATE), MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE (TO PREVENT CAKING)), DEXTROSE. **CONTAINS:** WHEAT, MILK, SOY, EGGS

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

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Sodium 200mg	8%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	15%

\* Percent Daily Values based on a 2,000 Calorie Diet

## FRENCH TOAST TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** FULLY COOKED MAPLE SAUSAGE LINK, MADE WITH MECHANICALLY SEPARATED TURKEY, BHA, BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR (MECHANICALLY SEPARATED TURKEY, WATER, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SUGAR, SALT, SPICES, DEXTROSE, BROWN SUGAR, DEHYDRATED PORK STOCK (PORK STOCK, NATURAL FLAVOR), MAPLE SUGAR, SEASONING (GLUCOSE, CARAMEL COLOR, CORN SYRUP, PURE MAPLE SYRUP), CITRIC ACID, BHA, BHT)), WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND/OR CORN OIL), BATTER MIX (WHEAT FLOUR, YELLOW CORN FLOUR, DEXTROSE, CORNSTARCH, SUGAR, TAPIOCA DEXTRIN, EGGS, NONFAT MILK, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SALT, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICE, SUCRALOSE, GUAR GUM, MAPLE SYRUP, BROWN SUGAR MOLASSES), MALTODEXTRIN, TORTILLA FLOUR BLEND (SALT, RICE FLOUR, GUAR GUM, WHEAT, SODIUM BICARBONATE, CORN STARCH, WHEAT STARCH, FOOD STARCH, DOUGH CONDITIONERS (SODIUM METABISULFITE, SODIUM STEAROYL LACTYLATE, L-CYSTEINE, MONO AND DIGLYCERIDES, DICALCIUM PHOSPHATE), MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE (TO PREVENT CAKING)), DEXTROSE. **CONTAINS:** WHEAT, MILK, SOY, EGGS

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24

### Amount Per Serving

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Sodium 200mg	8%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	15%

\* Percent Daily Values based on a 2,000 Calorie Diet

## FRENCH TOAST TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)  
OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** FULLY COOKED MAPLE SAUSAGE LINK, MADE WITH MECHANICALLY SEPARATED TURKEY, BHA, BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR (MECHANICALLY SEPARATED TURKEY, WATER, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SUGAR, SALT, SPICES, DEXTROSE, BROWN SUGAR, DEHYDRATED PORK STOCK (PORK STOCK, NATURAL FLAVOR), MAPLE SUGAR, SEASONING (GLUCOSE, CARAMEL COLOR, CORN SYRUP, PURE MAPLE SYRUP), CITRIC ACID, BHA, BHT)), WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND/OR CORN OIL), BATTER MIX (WHEAT FLOUR, YELLOW CORN FLOUR, DEXTROSE, CORNSTARCH, SUGAR, TAPIOCA DEXTRIN, EGGS, NONFAT MILK, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SALT, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICE, SUCRALOSE, GUAR GUM, MAPLE SYRUP, BROWN SUGAR MOLASSES), MALTODEXTRIN, TORTILLA FLOUR BLEND (SALT, RICE FLOUR, GUAR GUM, WHEAT, SODIUM BICARBONATE, CORN STARCH, WHEAT STARCH, FOOD STARCH, DOUGH CONDITIONERS (SODIUM METABISULFITE, SODIUM STEAROYL LACTYLATE, L-CYSTEINE, MONO AND DIGLYCERIDES, DICALCIUM PHOSPHATE), MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE (TO PREVENT CAKING)), DEXTROSE. **CONTAINS:** WHEAT, MILK, SOY, EGGS

## Nutrition Facts

24 servings per container  
Serving Size **1 Piece (85g)**

Amount per serving  
**Calories 200**

**% Daily Value\***

**Total Fat 9g 14%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 400mg **17%**

Total Carbohydrate 23g **8%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes Added Sugars

**Protein 6g**

Vitamin D

Calcium **8%**

Iron **6%**

Potassium

Vitamin A **6%**

Vitamin C **6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to your daily diet. 2,000 calories a day is used for general nutrition advice.

## CHEESY PEPPER JACK TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**



HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**

**REFRIGERATED – 6 DAYS**

**INGREDIENTS:** WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, NEUFCHATEL CHEESE PRODUCT (MILK, NEUFCHATEL CHEESE (MILK, CREAM, BACTERIAL CULTURE), SKIM MILK, PALM OIL, MILK PROTEIN CONCENTRATE, BACTERIAL CULTURE, SALT, CAROB BEAN GUM, LACTIC ACID, MONO AND DIGLYCERIDES, CITRIC ACID, APO-CAROTENAL), PROCESSED MONTEREY JACK AND AMERICAN CHEESE BLEND WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATES, MODIFIED CORNSTARCH, RED AND GREEN BELL AND JALAPENO PEPPERS, SALT, LACTIC ACID), ROASTED BELL PEPPERS (WITH SALT, CITRIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), JALAPENO PEPPER (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), MODIFIED CORN STARCH, MALTODEXTRIN, DEXTROSE, SALT, LACTIC ACID, XANTHAN GUM, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, MILK.

## Nutrition Facts

24 servings per container  
Serving Size **1 Piece (85g)**

Amount per serving  
**Calories 200**

**% Daily Value\***

**Total Fat 9g 14%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 400mg **17%**

Total Carbohydrate 23g **8%**

Dietary Fiber 1g **4%**

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Includes Added Sugars

**Protein 6g**

Vitamin D

Calcium **8%**

Iron **6%**

Potassium

Vitamin A **6%**

Vitamin C **6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to your daily diet. 2,000 calories a day is used for general nutrition advice.

## CHEESY PEPPER JACK TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**



HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**

**REFRIGERATED – 6 DAYS**

**INGREDIENTS:** WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, NEUFCHATEL CHEESE PRODUCT (MILK, NEUFCHATEL CHEESE (MILK, CREAM, BACTERIAL CULTURE), SKIM MILK, PALM OIL, MILK PROTEIN CONCENTRATE, BACTERIAL CULTURE, SALT, CAROB BEAN GUM, LACTIC ACID, MONO AND DIGLYCERIDES, CITRIC ACID, APO-CAROTENAL), PROCESSED MONTEREY JACK AND AMERICAN CHEESE BLEND WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATES, MODIFIED CORNSTARCH, RED AND GREEN BELL AND JALAPENO PEPPERS, SALT, LACTIC ACID), ROASTED BELL PEPPERS (WITH SALT, CITRIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), JALAPENO PEPPER (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), MODIFIED CORN STARCH, MALTODEXTRIN, DEXTROSE, SALT, LACTIC ACID, XANTHAN GUM, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, MILK.

## Nutrition Facts

24 servings per container  
Serving Size **1 Piece (85g)**

Amount per serving  
**Calories 200**

**% Daily Value\***

**Total Fat 9g 14%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 400mg **17%**

Total Carbohydrate 23g **8%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes Added Sugars

**Protein 6g**

Vitamin D

Calcium **8%**

Iron **6%**

Potassium

Vitamin A **6%**

Vitamin C **6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to your daily diet. 2,000 calories a day is used for general nutrition advice.

## CHEESY PEPPER JACK TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**



HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**

**REFRIGERATED – 6 DAYS**

**INGREDIENTS:** WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, NEUFCHATEL CHEESE PRODUCT (MILK, NEUFCHATEL CHEESE (MILK, CREAM, BACTERIAL CULTURE), SKIM MILK, PALM OIL, MILK PROTEIN CONCENTRATE, BACTERIAL CULTURE, SALT, CAROB BEAN GUM, LACTIC ACID, MONO AND DIGLYCERIDES, CITRIC ACID, APO-CAROTENAL), PROCESSED MONTEREY JACK AND AMERICAN CHEESE BLEND WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATES, MODIFIED CORNSTARCH, RED AND GREEN BELL AND JALAPENO PEPPERS, SALT, LACTIC ACID), ROASTED BELL PEPPERS (WITH SALT, CITRIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), JALAPENO PEPPER (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), MODIFIED CORN STARCH, MALTODEXTRIN, DEXTROSE, SALT, LACTIC ACID, XANTHAN GUM, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, MILK.

## Nutrition Facts

24 servings per container  
Serving Size **1 Piece (85g)**

Amount per serving  
**Calories 200**

**% Daily Value\***

**Total Fat 9g 14%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 400mg **17%**

Total Carbohydrate 23g **8%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes Added Sugars

**Protein 6g**

Vitamin D

Calcium **8%**

Iron **6%**

Potassium

Vitamin A **6%**

Vitamin C **6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to your daily diet. 2,000 calories a day is used for general nutrition advice.

## CHEESY PEPPER JACK TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**



HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**

**REFRIGERATED – 6 DAYS**

**INGREDIENTS:** WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, NEUFCHATEL CHEESE PRODUCT (MILK, NEUFCHATEL CHEESE (MILK, CREAM, BACTERIAL CULTURE), SKIM MILK, PALM OIL, MILK PROTEIN CONCENTRATE, BACTERIAL CULTURE, SALT, CAROB BEAN GUM, LACTIC ACID, MONO AND DIGLYCERIDES, CITRIC ACID, APO-CAROTENAL), PROCESSED MONTEREY JACK AND AMERICAN CHEESE BLEND WITH PEPPERS (MONTEREY JACK AND AMERICAN CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATES, MODIFIED CORNSTARCH, RED AND GREEN BELL AND JALAPENO PEPPERS, SALT, LACTIC ACID), ROASTED BELL PEPPERS (WITH SALT, CITRIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), BATTER MIX (ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), JALAPENO PEPPER (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), MODIFIED CORN STARCH, MALTODEXTRIN, DEXTROSE, SALT, LACTIC ACID, XANTHAN GUM, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, MILK.



## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 180	Calories from Fat 50
% Daily Value *	
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 330mg	14%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	6%
Vitamin C	2%
Calcium	6%
Iron	10%
* Percent Daily Values based on a 2,000 Calorie Diet	

## RANCHERO BEEF STEAK & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID], COOKED BEEF STEAK (WITH BROTH, SALT), MONTEREY JACK AND CHEDDAR CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, CALCIUM CHLORIDE, ANNATTO), VEGETABLE OILS (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR], TOMATO PASTE (TOMATOES), ONION, TEXTURED SOY PROTEIN, MODIFIED CORN STARCH, MALTODEXTRIN, SALT, SPICES (WITH PAPRIKA), BEEF FLAVOUR BOUILLON (SALT, BEEF FAT, SUGAR, HYDROLYZED SOY PROTEIN, CORNSTARCH, DRIED BEEF, ONION POWDER, FLAVOURS, MALTODEXTRIN, PARSLEY, TURMERIC EXTRACTIVES, CITRIC ACID, SPICES), FLAVOUR, DEXTROSE, CHILI PEPPER, GUAR GUM, LACTIC ACID (WITH CALCIUM LACTATE), APPLE CIDER VINEGAR, FUMARIC ACID, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, SOY, MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 180	Calories from Fat 50
% Daily Value *	
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 330mg	14%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	6%
Vitamin C	2%
Calcium	6%
Iron	10%
* Percent Daily Values based on a 2,000 Calorie Diet	

## RANCHERO BEEF STEAK & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID], COOKED BEEF STEAK (WITH BROTH, SALT), MONTEREY JACK AND CHEDDAR CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, CALCIUM CHLORIDE, ANNATTO), VEGETABLE OILS (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR], TOMATO PASTE (TOMATOES), ONION, TEXTURED SOY PROTEIN, MODIFIED CORN STARCH, MALTODEXTRIN, SALT, SPICES (WITH PAPRIKA), BEEF FLAVOUR BOUILLON (SALT, BEEF FAT, SUGAR, HYDROLYZED SOY PROTEIN, CORNSTARCH, DRIED BEEF, ONION POWDER, FLAVOURS, MALTODEXTRIN, PARSLEY, TURMERIC EXTRACTIVES, CITRIC ACID, SPICES), FLAVOUR, DEXTROSE, CHILI PEPPER, GUAR GUM, LACTIC ACID (WITH CALCIUM LACTATE), APPLE CIDER VINEGAR, FUMARIC ACID, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, SOY, MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
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% Daily Value *	
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Sugars 1g	
Protein 7g	
Vitamin A	6%
Vitamin C	2%
Calcium	6%
Iron	10%
* Percent Daily Values based on a 2,000 Calorie Diet	

## RANCHERO BEEF STEAK & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID], COOKED BEEF STEAK (WITH BROTH, SALT), MONTEREY JACK AND CHEDDAR CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, CALCIUM CHLORIDE, ANNATTO), VEGETABLE OILS (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR], TOMATO PASTE (TOMATOES), ONION, TEXTURED SOY PROTEIN, MODIFIED CORN STARCH, MALTODEXTRIN, SALT, SPICES (WITH PAPRIKA), BEEF FLAVOUR BOUILLON (SALT, BEEF FAT, SUGAR, HYDROLYZED SOY PROTEIN, CORNSTARCH, DRIED BEEF, ONION POWDER, FLAVOURS, MALTODEXTRIN, PARSLEY, TURMERIC EXTRACTIVES, CITRIC ACID, SPICES), FLAVOUR, DEXTROSE, CHILI PEPPER, GUAR GUM, LACTIC ACID (WITH CALCIUM LACTATE), APPLE CIDER VINEGAR, FUMARIC ACID, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, SOY, MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 180	Calories from Fat 50
% Daily Value *	
Total Fat 6g	9%
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Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 330mg	14%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	6%
Vitamin C	2%
Calcium	6%
Iron	10%
* Percent Daily Values based on a 2,000 Calorie Diet	

## RANCHERO BEEF STEAK & CHEESE TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

**INGREDIENTS:** WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID], COOKED BEEF STEAK (WITH BROTH, SALT), MONTEREY JACK AND CHEDDAR CHEESES (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, CALCIUM CHLORIDE, ANNATTO), VEGETABLE OILS (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SPICES, SALT, JALAPENO PEPPER, BAKING POWDER, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR], TOMATO PASTE (TOMATOES), ONION, TEXTURED SOY PROTEIN, MODIFIED CORN STARCH, MALTODEXTRIN, SALT, SPICES (WITH PAPRIKA), BEEF FLAVOUR BOUILLON (SALT, BEEF FAT, SUGAR, HYDROLYZED SOY PROTEIN, CORNSTARCH, DRIED BEEF, ONION POWDER, FLAVOURS, MALTODEXTRIN, PARSLEY, TURMERIC EXTRACTIVES, CITRIC ACID, SPICES), FLAVOUR, DEXTROSE, CHILI PEPPER, GUAR GUM, LACTIC ACID (WITH CALCIUM LACTATE), APPLE CIDER VINEGAR, FUMARIC ACID, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED POTATO STARCH, SODIUM METABISULPHITE).  
**CONTAINS:** WHEAT, SOY, MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 210	Calories from Fat 90
% Daily Value *	
Total Fat 10g	15%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	4%
Vitamin C	6%
Calcium	8%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## CHEESE & PEPPERONI TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

INGREDIENTS: WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), REDUCED FAT MOZZARELLA CHEESE PRODUCT (PASTERURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, BACTERIAL CULTURE, SALT, VITAMIN A PALMITATE, MICROBIAL ENZYME), PEPPERONI (PORK, SALT, WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, SODIUM ASCORBATE, OLEORESIN OF PAPRIKA, FLAVOUR, CITRIC ACID, GARLIC POWDER, SODIUM NITRITE), TOMATO PASTE (TOMATOES), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX ((BLEACHED ENRICHED FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, DEXTROSE, YELLOW CORN FLOUR, SALT, DEHYDRATED PARMESAN CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SPICES, GARLIC AND ONION POWDER, DISODIUM PHOSPHATE), MALTODEXTRIN, DEXTROSE, MODIFIED CORN STARCH, SALT, SPICES, FLAVOUR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 210	Calories from Fat 90
% Daily Value *	
Total Fat 10g	15%
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Sodium 330mg	14%
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Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	4%
Vitamin C	6%
Calcium	8%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## CHEESE & PEPPERONI TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

INGREDIENTS: WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), REDUCED FAT MOZZARELLA CHEESE PRODUCT (PASTERURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, BACTERIAL CULTURE, SALT, VITAMIN A PALMITATE, MICROBIAL ENZYME), PEPPERONI (PORK, SALT, WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, SODIUM ASCORBATE, OLEORESIN OF PAPRIKA, FLAVOUR, CITRIC ACID, GARLIC POWDER, SODIUM NITRITE), TOMATO PASTE (TOMATOES), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX ((BLEACHED ENRICHED FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, DEXTROSE, YELLOW CORN FLOUR, SALT, DEHYDRATED PARMESAN CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SPICES, GARLIC AND ONION POWDER, DISODIUM PHOSPHATE), MALTODEXTRIN, DEXTROSE, MODIFIED CORN STARCH, SALT, SPICES, FLAVOUR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
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% Daily Value *	
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Sodium 330mg	14%
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Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	4%
Vitamin C	6%
Calcium	8%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## CHEESE & PEPPERONI TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

INGREDIENTS: WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), REDUCED FAT MOZZARELLA CHEESE PRODUCT (PASTERURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, BACTERIAL CULTURE, SALT, VITAMIN A PALMITATE, MICROBIAL ENZYME), PEPPERONI (PORK, SALT, WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, SODIUM ASCORBATE, OLEORESIN OF PAPRIKA, FLAVOUR, CITRIC ACID, GARLIC POWDER, SODIUM NITRITE), TOMATO PASTE (TOMATOES), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX ((BLEACHED ENRICHED FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, DEXTROSE, YELLOW CORN FLOUR, SALT, DEHYDRATED PARMESAN CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SPICES, GARLIC AND ONION POWDER, DISODIUM PHOSPHATE), MALTODEXTRIN, DEXTROSE, MODIFIED CORN STARCH, SALT, SPICES, FLAVOUR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 PIECE (85g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
Calories 210	Calories from Fat 90
% Daily Value *	
Total Fat 10g	15%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 7g	
Vitamin A	4%
Vitamin C	6%
Calcium	8%
Iron	8%
* Percent Daily Values based on a 2,000 Calorie Diet	

## CHEESE & PEPPERONI TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F** (Frozen)  
**450° F** (Thawed)



HEAT FOR: **25 MINUTES** (Frozen)  
**12 MINUTES** (Thawed)

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN** – 12 MONTHS FROM DATE OF PRODUCTION  
**REFRIGERATED** – 6 DAYS

INGREDIENTS: WATER, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), REDUCED FAT MOZZARELLA CHEESE PRODUCT (PASTERURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, BACTERIAL CULTURE, SALT, VITAMIN A PALMITATE, MICROBIAL ENZYME), PEPPERONI (PORK, SALT, WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, SODIUM ASCORBATE, OLEORESIN OF PAPRIKA, FLAVOUR, CITRIC ACID, GARLIC POWDER, SODIUM NITRITE), TOMATO PASTE (TOMATOES), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN), BATTER MIX ((BLEACHED ENRICHED FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, DEXTROSE, YELLOW CORN FLOUR, SALT, DEHYDRATED PARMESAN CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), SPICES, GARLIC AND ONION POWDER, DISODIUM PHOSPHATE), MALTODEXTRIN, DEXTROSE, MODIFIED CORN STARCH, SALT, SPICES, FLAVOUR, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 70
% Daily Value *	
<b>Total Fat 8g</b>	<b>12%</b>
<b>Saturated Fat 2.5g</b>	<b>13%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 380mg</b>	<b>16%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
<b>Dietary Fiber 1g</b>	<b>4%</b>
<b>Sugars 1g</b>	
<b>Protein 7g</b>	
<b>Vitamin A</b>	<b>4%</b>
<b>Vitamin C</b>	<b>2%</b>
<b>Calcium</b>	<b>8%</b>
<b>Iron</b>	<b>8%</b>

\* Percent Daily Values based on a 2,000 Calorie Diet

## NACHO CHEESE & CHICKEN TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**  
**REFRIGERATED – 6 DAYS**

INGREDIENTS: WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR], MODIFIED CORNSTARCH, CREAM CHEESE [PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS]), CANOLA OIL, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT, NATURAL FLAVOURS, ANNATTO EXTRACT, CHARBROILED SEASONED CHICKEN (CHICKEN THIGH MEAT, CHICKEN WHITE MEAT, WATER, CORN OIL, SALT, MODIFIED CORNSTARCH, SODIUM PHOSPHATE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], WATER, SODIUM PHOSPHATE, MILKFAT, SODIUM HEXAMETAPHOSPHATE, SALT, VEGETABLE COLOUR [ANNATTO AND PAPRIKA OLEORESIN]), LOW MOISTURE MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES), BUTTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], BEET POWDER, BETA CAROTENE, LACTIC ACID, ONION POWDER, JALAPENO PEPPER, GARLIC POWDER, CALCIUM LACTATE, SPICES, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], EXTRACTIVES OF PAPRIKA AND ANNATTO, YEAST EXTRACT, GUAR GUM, NATURAL FLAVOUR, BUTTERMILK POWDER, MALTODEXTRIN, HYDROLYZED CASEIN], CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR), MODIFIED CORNSTARCH, CHEDDAR CHEESE PRODUCT (CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES], WATER, BUTTER [CREAM, SALT], SALT, NATURAL FLAVOUR, SODIUM PHOSPHATE, LACTIC ACID, MICROBIAL ENZYMES, VEGETABLE COLOURING), JALAPENO PEPPERS (JALAPENO PEPPERS, SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), MALTODEXTRIN, DEXTROSE, SIMPLE SUGAR (CANE SUGAR, WATER), SALT, PAPRIKA, NATURAL FLAVOUR, LACTIC ACID (LACTIC ACID, CALCIUM LACTATE), SPICES, CHILI PEPPER, FUMARIC ACID, TURMERIC, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED CORNSTARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 70
% Daily Value *	
<b>Total Fat 8g</b>	<b>12%</b>
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<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 380mg</b>	<b>16%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
<b>Dietary Fiber 1g</b>	<b>4%</b>
<b>Sugars 1g</b>	
<b>Protein 7g</b>	
<b>Vitamin A</b>	<b>4%</b>
<b>Vitamin C</b>	<b>2%</b>
<b>Calcium</b>	<b>8%</b>
<b>Iron</b>	<b>8%</b>

\* Percent Daily Values based on a 2,000 Calorie Diet

## NACHO CHEESE & CHICKEN TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**  
**REFRIGERATED – 6 DAYS**

INGREDIENTS: WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR], MODIFIED CORNSTARCH, CREAM CHEESE [PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS]), CANOLA OIL, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT, NATURAL FLAVOURS, ANNATTO EXTRACT, CHARBROILED SEASONED CHICKEN (CHICKEN THIGH MEAT, CHICKEN WHITE MEAT, WATER, CORN OIL, SALT, MODIFIED CORNSTARCH, SODIUM PHOSPHATE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], WATER, SODIUM PHOSPHATE, MILKFAT, SODIUM HEXAMETAPHOSPHATE, SALT, VEGETABLE COLOUR [ANNATTO AND PAPRIKA OLEORESIN]), LOW MOISTURE MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES), BUTTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], BEET POWDER, BETA CAROTENE, LACTIC ACID, ONION POWDER, JALAPENO PEPPER, GARLIC POWDER, CALCIUM LACTATE, SPICES, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], EXTRACTIVES OF PAPRIKA AND ANNATTO, YEAST EXTRACT, GUAR GUM, NATURAL FLAVOUR, BUTTERMILK POWDER, MALTODEXTRIN, HYDROLYZED CASEIN], CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR), MODIFIED CORNSTARCH, CHEDDAR CHEESE PRODUCT (CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES], WATER, BUTTER [CREAM, SALT], SALT, NATURAL FLAVOUR, SODIUM PHOSPHATE, LACTIC ACID, MICROBIAL ENZYMES, VEGETABLE COLOURING), JALAPENO PEPPERS (JALAPENO PEPPERS, SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), MALTODEXTRIN, DEXTROSE, SIMPLE SUGAR (CANE SUGAR, WATER), SALT, PAPRIKA, NATURAL FLAVOUR, LACTIC ACID (LACTIC ACID, CALCIUM LACTATE), SPICES, CHILI PEPPER, FUMARIC ACID, TURMERIC, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED CORNSTARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 Piece (85g)  
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**Amount Per Serving**

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<b>Vitamin A</b>	<b>4%</b>
<b>Vitamin C</b>	<b>2%</b>
<b>Calcium</b>	<b>8%</b>
<b>Iron</b>	<b>8%</b>

\* Percent Daily Values based on a 2,000 Calorie Diet

## NACHO CHEESE & CHICKEN TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**  
**REFRIGERATED – 6 DAYS**

INGREDIENTS: WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR], MODIFIED CORNSTARCH, CREAM CHEESE [PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS]), CANOLA OIL, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT, NATURAL FLAVOURS, ANNATTO EXTRACT, CHARBROILED SEASONED CHICKEN (CHICKEN THIGH MEAT, CHICKEN WHITE MEAT, WATER, CORN OIL, SALT, MODIFIED CORNSTARCH, SODIUM PHOSPHATE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], WATER, SODIUM PHOSPHATE, MILKFAT, SODIUM HEXAMETAPHOSPHATE, SALT, VEGETABLE COLOUR [ANNATTO AND PAPRIKA OLEORESIN]), LOW MOISTURE MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES), BUTTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], BEET POWDER, BETA CAROTENE, LACTIC ACID, ONION POWDER, JALAPENO PEPPER, GARLIC POWDER, CALCIUM LACTATE, SPICES, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], EXTRACTIVES OF PAPRIKA AND ANNATTO, YEAST EXTRACT, GUAR GUM, NATURAL FLAVOUR, BUTTERMILK POWDER, MALTODEXTRIN, HYDROLYZED CASEIN], CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR), MODIFIED CORNSTARCH, CHEDDAR CHEESE PRODUCT (CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES], WATER, BUTTER [CREAM, SALT], SALT, NATURAL FLAVOUR, SODIUM PHOSPHATE, LACTIC ACID, MICROBIAL ENZYMES, VEGETABLE COLOURING), JALAPENO PEPPERS (JALAPENO PEPPERS, SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), MALTODEXTRIN, DEXTROSE, SIMPLE SUGAR (CANE SUGAR, WATER), SALT, PAPRIKA, NATURAL FLAVOUR, LACTIC ACID (LACTIC ACID, CALCIUM LACTATE), SPICES, CHILI PEPPER, FUMARIC ACID, TURMERIC, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED CORNSTARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.

## Nutrition Facts

Serving Size 1 Piece (85g)  
Servings Per Container 24  
**Amount Per Serving**

Calories 190	Calories from Fat 70
% Daily Value *	
<b>Total Fat 8g</b>	<b>12%</b>
<b>Saturated Fat 2.5g</b>	<b>13%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
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<b>Total Carbohydrate 24g</b>	<b>8%</b>
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<b>Sugars 1g</b>	
<b>Protein 7g</b>	
<b>Vitamin A</b>	<b>4%</b>
<b>Vitamin C</b>	<b>2%</b>
<b>Calcium</b>	<b>8%</b>
<b>Iron</b>	<b>8%</b>

\* Percent Daily Values based on a 2,000 Calorie Diet

## NACHO CHEESE & CHICKEN TORNADO

### Cooking Directions:

PREHEAT OVEN TO: **350° F (Frozen)**  
**450° F (Thawed)**

HEAT FOR: **25 MINUTES (Frozen)**  
**12 MINUTES (Thawed)**

OR UNTIL INTERNAL CORE TEMPERATURE REACHES OR EXCEEDS 161°F.

PLACE TORNADOS ON COOKING SHEET THAT HAS BEEN LINED WITH PARCHMENT PAPER OR LIGHTLY COATED WITH COOKING SPRAY.

### SHELF LIFE:

**FROZEN – 12 MONTHS FROM DATE OF PRODUCTION**  
**REFRIGERATED – 6 DAYS**

INGREDIENTS: WATER, WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], CHEESE SAUCE (WATER, CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR], MODIFIED CORNSTARCH, CREAM CHEESE [PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS]), CANOLA OIL, PARTLY SKIMMED MILK POWDER, WHEY, SODIUM PHOSPHATE, SALT, CORNSTARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT, NATURAL FLAVOURS, ANNATTO EXTRACT, CHARBROILED SEASONED CHICKEN (CHICKEN THIGH MEAT, CHICKEN WHITE MEAT, WATER, CORN OIL, SALT, MODIFIED CORNSTARCH, SODIUM PHOSPHATE), VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR CORN OIL), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], WATER, SODIUM PHOSPHATE, MILKFAT, SODIUM HEXAMETAPHOSPHATE, SALT, VEGETABLE COLOUR [ANNATTO AND PAPRIKA OLEORESIN]), LOW MOISTURE MOZZARELLA CHEESE (WHOLE MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES), BUTTER MIX [ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], BEET POWDER, BETA CAROTENE, LACTIC ACID, ONION POWDER, JALAPENO PEPPER, GARLIC POWDER, CALCIUM LACTATE, SPICES, CHEDDAR CHEESE [MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES], EXTRACTIVES OF PAPRIKA AND ANNATTO, YEAST EXTRACT, GUAR GUM, NATURAL FLAVOUR, BUTTERMILK POWDER, MALTODEXTRIN, HYDROLYZED CASEIN], CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, MICROBIAL ENZYMES, ANNATTO COLOUR), MODIFIED CORNSTARCH, CHEDDAR CHEESE PRODUCT (CHEDDAR CHEESE [PASTEURIZED MILK, BACTERIAL CULTURES, SALT, MICROBIAL ENZYMES], WATER, BUTTER [CREAM, SALT], SALT, NATURAL FLAVOUR, SODIUM PHOSPHATE, LACTIC ACID, MICROBIAL ENZYMES, VEGETABLE COLOURING), JALAPENO PEPPERS (JALAPENO PEPPERS, SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), MALTODEXTRIN, DEXTROSE, SIMPLE SUGAR (CANE SUGAR, WATER), SALT, PAPRIKA, NATURAL FLAVOUR, LACTIC ACID (LACTIC ACID, CALCIUM LACTATE), SPICES, CHILI PEPPER, FUMARIC ACID, TURMERIC, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED CORNSTARCH, SODIUM METABISULPHITE). CONTAINS: WHEAT AND MILK.





# TAMALES

## STANDARD OPERATING PROCEDURES



Tamales are cook-and-serve products and should be cooked to an internal temperature that reaches or exceeds 161°F.

Equipment performance may vary, adjust time and temperature accordingly.

### What You'll Need:

- Bulk Tamales (Frozen or Thawed)
- Tamale Steamer
- Stainless steel tongs
- Plastic gloves
- Thermometer (sanitized)
- Tamale posters, danglers, static clings and counter cards. Available at [www.ruizfoodservice.com](http://www.ruizfoodservice.com).
- Suggested tamale toppings: shredded Cheddar cheese or cheese sauce, shredded lettuce, diced tomatoes, sliced black olives, onions, sour cream, guacamole, salsa or picante sauce.

### Storage & Thawing:

- Product may be stored frozen for up to one year from the 5-digit manufacture date on the case. The first two digits indicate the year (2011 in example shown). The last three digits indicate the day of the year (46th day in example, or February 15).
- Thaw for 12-24 hours at a refrigerated temperature of 40°F or less. Thawing times may vary.
- Never force thaw tamales.



**1**



Pour approximately 1 inch of clean water into the bottom of the steamer unit.

**2**



Place the drain rack in the bottom of the tamale insert pan and add 1 more inch of clean water.

**3**



Plug steamer unit into standard 110V receptacle and turn temperature dial to "10" or "HIGH" setting.

Bring water to boil.

**4**



Leaving the plastic wrap on, place the tamales in the steamer unit meat side up, folded corn husk side down, and close lid.

- Do not pack tamales too tightly.
- Maintain water level. Add hot water when necessary.

**5**



Steam tamales on "HIGH" for approximately 1 hour and 15 minutes until core temperature (meat filling) reaches 165° or above.

Tamales are ready to serve.

### Quality Check After Cooking:

- Use a sanitized pocket thermometer to ensure that core temperature has reached or exceeded 161°F before serving.
- Hold for serving with core temperature above 140°F.
- Discard any tamales remaining at the end of the day. Do not attempt to re-heat and serve tamales the following day.

### COOKING TAMALES IN MICROWAVE

TIMES & TEMPS	Setting: HIGH
	4.5 oz & 5 oz
FROZEN	2 minutes 30 seconds
THAWED	1 minute

CAUTION: PRODUCT MAY BE HOT.



**Microwave Oven:**  
(1,100 watt microwave)

- Leave plastic wrap on tamale.
- Place tamale on microwaveable plate.
- Let stand for 1 minute before serving.

### COMBINATION MICROWAVE & STEAMER



&



Place 5 frozen tamales on edge of microwave carousel. Do not vent or remove plastic wrap. Cook tamales on "HIGH" for 7 minutes.

(Follow above steamer steps 1-3) Turn steamer unit to "6". Place tamales in steamer meat side up. Cover the steamer with lid.

Tamales can be held up to 4 hours as long as core temperature remains above 140°F.



### Hot to Go:

Once cooked to 161°F or above, tamales may be held for self serve in the steamer unit for up to 4 hours as long as core temperature remains above 140°F. Have serving tongs and appropriate carry-out tray available. As an option, allow consumers to top tamales with desired garnish from a condiment bar.





## Chopped Brisket

### Product Description

- **General Description:** Fully cooked, unsauced, chopped beef brisket starts with trimmed brisket, is rubbed generously with seasoning and is smoked up to 16 hours in the smokehouse.
- **List of Ingredients:** Fully Cooked Ingredients: Beef Brisket, Water, Salt, Sodium Phosphates, Black Pepper, Paprika, Red Pepper, Garlic Blend (Salt, Corn Starch, Garlic Powder).
- **Preparation and Cooking Instructions:** Fully cooked. Simply heat and serve.
- **Suggested Uses:** Excellent for center of the plate, in sandwiches, or as an ingredient for appetizers.



## Rib Tips

### Product Description

- **General Description:** All Natural, fully cooked rib tips are rubbed with a savory BBQ rub and then slow-smoked over 100% Pecanwood for a deep smoked flavor and rich mahogany color. Rib tips come from the meaty portions of the sparerib.
- **List of Ingredients:** Fully Cooked Rubbed with Sugar, Salt, Paprika, Spices, Onion Powder, Spice Extractives [including Extractives of Celery Seed], Garlic Powder, Extractives of Paprika. Ingredients: Pork, Water, Salt, Seasoning (Yeast Extract, Citrus Extract), Sugar, Seasoning (Sugar, Spice Extractives).
- **Preparation and Cooking Instructions:** Fully cooked. Simply heat and serve.
- **Suggested Uses:** Perfect for appetizers and entrees.



## Pulled Pork



### Product Description

- **General Description:** Fully cooked pork shoulder meat is naturally hardwood smoked for up to six hours. After smoking, it's lightly pulled and finished off with a clear Carolina-style vinegar sauce.
- **List of Ingredients:** Fully Cooked Ingredients: Smoked Cooked Pork, Cider Vinegar, Sugar, Salt, Spices.
- **Preparation and Cooking Instructions:** Fully cooked. Simply heat and serve.
- **Suggested Uses:** Perfect for sandwiches and wraps, pizzas and flatbreads, as well as appetizers.



## Pulled Chicken



### Product Description

- **General Description:** This fully cooked chicken caritas is made from 100% chicken thigh meat. It is marinated with garlic and citrus flavors and slow cooked in the bag for maximum flavor and tenderness.
- **List of Ingredients:** Caramel Color Added Fully Cooked Ingredients: Dark Chicken Meat, Water, Orange Juice Concentrate, Flavoring, Thickener (Modified Food Starch, Whey Protein Concentrate [from Milk], Propylene Glycol Alginate, Locust Bean Gum, Guar Gum), Salt, Autolyzed Yeast Extract, Sodium Phosphate, Soy Lecithin, Caramel Color, Spices, Paprika, Lime Flavor (Corn Syrup Solids, Lime Juice Solids, Natural Flavor), Chicken.
- **Preparation and Cooking Instructions:** Fully cooked. Simply heat and serve. For best results: Remove product from package and warm in the juices from the package. The meat can be easily pulled or shredded before serving.
- **Suggested Uses:** Great for sandwiches, tacos, burritos, pizzas and flatbreads. Excellent as an ingredient for appetizers and small plates.

## Nutrition Facts

Serving Size 8 oz (227g)

### Amount Per Serving

**Calories 100**      Calories from Fat 30

**% Daily Value\***

**Total Fat 3g**                      **5%**

Saturated Fat 1g                      **5%**

Trans Fat 0g

**Cholesterol 25mg**                      **8%**

**Sodium 680mg**                      **28%**

**Total Carbohydrate 11g**                      **4%**

Dietary Fiber 1g                      **4%**

Sugars 2g

**Protein 7g**

Vitamin A 10%      •      Vitamin C 4%

Calcium 2%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet.



## Chicken Noodle Soup

**77958-77041**

### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months  
Refrigerated Unopened Bag: 2 Weeks  
Refrigerated Opened Bag: 3 Days

INGREDIENTS: Chicken Broth, Water, Chicken (Chicken, Water, Modified Food Starch, Salt), Carrots, Pasta (Wheat, Eggs, Egg Whites, Niacin, Iron [Ferrous Sulfate], Thiamine Mononitrate, Riboflavin, Folic Acid), Celery, Onions, Contains 2% or less of: Chicken Base (Chicken, Salt, Rendered Chicken Fat, Dextrose, Sugar, Natural Flavoring, Roast Chicken Flavor [Rendered Chicken Fat, Flavor, Safflower Oil], Chicken Broth, Turmeric), Chicken Flavor (Salt, Corn Syrup Solids, Natural Flavor [Chicken Powder, Chicken Fat], Yeast Extract, Onion Powder, Garlic Powder, Autolyzed Yeast Extract, Natural Tocopherols), Chicken Fat, Olive Oil, Parsley, Acacia & Xanthan Gum, Garlic, Yeast Extract, Turmeric and Spices.

## Nutrition Facts

Serving Size 8 oz (227g)

### Amount Per Serving

**Calories 250**      Calories from Fat 110

**% Daily Value\***

**Total Fat 13g**                      **20%**

Saturated Fat 4.5g                      **23%**

Trans Fat 0.5g

**Cholesterol 40mg**                      **13%**

**Sodium 610mg**                      **25%**

**Total Carbohydrate 25g**                      **8%**

Dietary Fiber 10g                      **40%**

Sugars 5g

**Protein 17g**

Vitamin A 15%      •      Vitamin C 25%

Calcium 6%      •      Iron 30%

\*Percent Daily Values are based on a 2,000 calorie diet.



## Beef Chili with Beans

**77958-77042**

### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months  
Refrigerated Unopened Bag: 2 Weeks  
Refrigerated Opened Bag: 3 Days

INGREDIENTS: Tomato Sauce (Tomatoes, Salt, Red Pepper, Dehydrated Onion, Dehydrated Garlic, Spice, Citric Acid), Ground Beef, Kidney Beans, Onions, Water, Green Bell Peppers, Contains 2% or less of: Red Bell Peppers, Tomato Paste, Garlic, Mustard (Vinegar, Mustard Seed, Salt, Spices, Turmeric), Olive Oil, Chili Powder (Spices, Salt, Garlic Powder), Salt and Spices.

## Nutrition Facts

Serving size 8 oz (227g)

### Amount per serving

**Calories 330**

**% Daily Value\***

**Total Fat 22g**                      **28%**

Saturated Fat 14g                      **70%**

Trans Fat 0g

**Cholesterol 85mg**                      **28%**

**Sodium 990mg**                      **46%**

**Total Carbohydrate 22g**                      **8%**

Dietary Fiber 1g                      **4%**

Total Sugars 5g

Includes 0g Added Sugars                      **0%**

**Protein 9g**

Vitamin D 0.8mcg 4% • Calcium 120mg 10%

Iron 12mg 6%      •      Potassium 390mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## New England Clam Chowder

**77958-77020**

### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months  
Refrigerated Unopened Bag: 2 Weeks  
Refrigerated Opened Bag: 3 Days

INGREDIENTS: Light Cream, Potatoes, Clam Meat, Onions, Clam Broth From Concentrate, Modified Food Starch, Butter (Cream, Salt), Clam Base (Cooked Clams [Clams, Water, Corn Starch], Salt, Clam Broth, Sugar, Potato Flour, Natural Flavoring, Onion Powder, Codfish Powder), Contains 2% or less of: Wheat Flour, Garlic (Garlic, Water), Fish Stock (Pollock, Salt), Salt and Spice.

## Nutrition Facts

Serving Size 8 oz (227g)

### Amount Per Serving

**Calories 170**      Calories from Fat 80

**% Daily Value\***

**Total Fat 9g**                      **14%**

Saturated Fat 3g                      **15%**

Trans Fat 0g

**Cholesterol 25mg**                      **8%**

**Sodium 770mg**                      **32%**

**Total Carbohydrate 14g**                      **5%**

Dietary Fiber 2g                      **8%**

Sugars 3g

**Protein 8g**

Vitamin A 20%      •      Vitamin C 15%

Calcium 10%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet.



## Chicken Tortilla Soup

**77958-77064**

### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months  
Refrigerated Unopened Bag: 2 Weeks  
Refrigerated Opened Bag: 3 Days

INGREDIENTS: Chicken Stock (Water, Chicken, Salt, Rendered Chicken Fat, Dextrose, Sugar, Natural Flavor, Safflower Oil, Chicken Broth, Turmeric), Water, Tomatoes, Chicken (Chicken, Water, Rice Starch, Salt), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Onions, Corn, Tortilla Chips (Stone-ground Corn, Sunflower Oil, Salt), Roasted Corn, Carrots, Scallions, Lime Juice, Jalapeno Peppers, Soybean Oil, Garlic, Cilantro, Garlic Powder, Hot Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Salt and Spices.

## Nutrition Facts

Serving Size 8 oz (227g)

### Amount Per Serving

**Calories 80**      Calories from Fat 15

**% Daily Value\***

**Total Fat 1.5g**      **2%**

Saturated Fat 0g      **0%**

Trans Fat 0g

**Cholesterol 0mg**      **0%**

**Sodium 860mg**      **36%**

**Total Carbohydrate 16g**      **5%**

Dietary Fiber 3g      **12%**

Sugars 5g

**Protein 2g**

Vitamin A 40%      •      Vitamin C 25%

Calcium 4%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet.

## Spring Vegetable Soup

77958-77089



### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months

Refrigerated Unopened Bag: 2 Weeks

Refrigerated Opened Bag: 3 Days

INGREDIENTS: Vegetable Stock (Water, Onion, Carrot, Celery, Salt), Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Corn, Onions, Carrots, Wax Beans, Celery, Tomato Paste, Zucchini, Contains 2% or less of: Fennel, Corn Starch, Basil, Salt, Canola Oil, Garlic, Parsley, Sugar and Spice.

## Nutrition Facts

Serving Size 8 oz (227g)

### Amount Per Serving

**Calories 230**      Calories from Fat 150

**% Daily Value\***

**Total Fat 16g**      **25%**

Saturated Fat 10g      **50%**

Trans Fat 0g

**Cholesterol 55mg**      **18%**

**Sodium 700mg**      **29%**

**Total Carbohydrate 12g**      **4%**

Dietary Fiber 2g      **8%**

Sugars 3g

**Protein 8g**

Vitamin A 25%      •      Vitamin C 45%

Calcium 20%      •      Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet.

## Broccoli Cheddar Soup

77958-77091



### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months

Refrigerated Unopened Bag: 2 Weeks

Refrigerated Opened Bag: 3 Days

INGREDIENTS: Chicken Stock, Broccoli, Light Cream, Pasteurized Process Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Whey, Whey Protein Concentrate, Skim Milk, Sodium Citrate, Milkfat, Salt, Lactic Acid, Oleoresin Paprika, Annatto, Water, Contains 2% or less of: Butter (Cream, Salt), Wheat Flour, Chicken Base (Chicken, Salt, Rendered Chicken Fat, Dextrose, Sugar, Natural Flavor, Safflower Oil, Chicken Broth, Turmeric), Carrots, Modified Food Starch, Hot Pepper Sauce and Annatto.

## Nutrition Facts

Serving Size 8oz

### Amount Per Serving

**Calories 120**      Calories from Fat 35

**% Daily Value\***

**Total Fat 3.5g**      **5%**

Saturated Fat 1g      **5%**

Trans Fat 0g

**Cholesterol 20mg**      **7%**

**Sodium 740mg**      **31%**

**Total Carbohydrate 13g**      **4%**

Dietary Fiber 3g      **12%**

Sugars 3g

**Protein 6g**

Vitamin A 50%      •      Vitamin C 10%

Calcium 4%      •      Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet.

## Turkey Sausage & Kale Soup

77958-78034



### Cooking Directions:

- Empty Contents of bag into heavy saucepan.
- Product is ready to heat. DO NOT add milk or water.
- Bring to a simmer over medium heat stirring occasionally until hot (165 degrees)
- Do Not Boil.

### Shelf Life:

Frozen: 12 Months

Refrigerated Unopened Bag: 2 Weeks

Refrigerated Opened Bag: 3 Days

INGREDIENTS: Water, Turkey Italian Sausage (Turkey, Water, Spices, Salt, Paprika), Kale, Onions, Cooked Brown Rice, Sweet Potatoes, White Beans, Carrots, Celery, Contains 2% or less of: Red Bell Peppers, Chicken Base (Chicken, Salt, Rendered Chicken Fat, Dextrose, Sugar, Natural Flavoring, Roast Chicken, Chicken Broth, Turmeric), White Wine, Organic Corn Starch, Garlic, Turkey Flavor (Turkey Broth, Turkey Fat, Salt, Canola Oil, Salt, Sugar, Basil, Oregano, Tomato Concentrate, Acacia & Xanthan Gum and Spices..





**DE San Luis Sunrise Breakfast Burrito**  
**41433-12488**

**Cooking Directions:**  
 Microwave 1 Minute

**Shelf Life:**  
 Frozen: 9 Months  
 Refrigerated: 14 Days



<b>SUNRISE BREAKFAST BURRITO</b>				
SELL BY 1 2 3 4 5 6 7 8 9 10 11 12 A P 15 30 45				
<b>Nutrition Facts</b>	Amount/Serving	%DV	Amount/Serving	%DV
<b>Total Fat</b> 23g	<b>29%</b>	<b>Total Carb.</b> 43g	<b>16%</b>	
• <b>Sat. Fat</b> 9g	<b>45%</b>	<b>Fiber</b> 0g	<b>0%</b>	
<b>Trans Fat</b> 0g		<b>Total Sugars</b> 2g		
<b>Cholest.</b> 200mg	<b>67%</b>	<b>incl. 2g Added Sugars</b>	<b>4%</b>	
<b>Sodium</b> 1180mg	<b>51%</b>	<b>Protein</b> 16g		
<b>Vitamin D</b> 0% • <b>Calcium</b> 15% • <b>Iron</b> 15% • <b>Potassium</b> 0%				

INGREDIENTS: TORTILLA [ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SUGAR, SALT, BAKING POWDER (SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), VITAL WHEAT GLUTEN, MONOGLYCERIDES, POTASSIUM SORBATE, CALCIUM PROPIONATE AND/OR SODIUM PROPIONATE (PRESERVATIVE), FUMARIC ACID, DOUGH CONDITIONER (SODIUM METABISULFITE, CORN STARCH, MICROCRYSTALLINE CELLULOSE, DICALCIUM PHOSPHATE)], **PRE-COOKED SCRAMBLED EGGS** (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID), **SAUSAGE BREAKFAST FILLING** (COOKED SAUSAGE (PORK, SALT, WATER, SPICES, SODIUM PHOSPHATES, CARMEL COLOR), WATER, GREEN BELL PEPPERS, DEHYDRATED POTATOES (WITH SODIUM BISULFITE), MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF CREAM, DEHYDRATED RED BELL PEPPERS, CHICKEN BASE (COOKED MECHANICALLY SEPARATED CHICKEN, SUGAR, HYDROLYZED CORN PROTEIN, SALT, CHICKEN FAT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, EXTRACTIVE OF TURMERIC, SPICE EXTRACTIVES), SPICES, SALT, SOY LECITHIN), **SAUSAGE CRUMBLES** (PORK, WATER, SALT, SPICES, SUGAR), **CHEDDAR CHEESE CUBES** (CULTURED MILK, WATER, SALT, SODIUM PHOSPHATE, POTATO STARCH, POWDERED CELLULOSE ADDED TO PREVENT CAKING, CREAM, SODIUM HEXAMETAPHOSPHATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ARTIFICIAL COLOR, SODIUM CITRATE, NATAMYCIN (A NATURAL MOLD INHIBITOR), ENZYMES), CONTAINS: SOY, MILK, EGGS, WHEAT.

<b>Nutrition Facts</b>	
Serving size	1 sandwich
Amount per serving	
<b>Calories</b>	<b>430</b>
% Daily Value*	
<b>Total Fat</b> 28g	<b>36%</b>
Saturated Fat 10g	<b>50%</b>
Trans Fat 0g	
<b>Cholesterol</b> 145mg	<b>48%</b>
<b>Sodium</b> 770mg	<b>33%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 1g	<b>4%</b>
<b>Total Sugars</b> 9g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 15g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 116mg	<b>8%</b>
<b>Iron</b> 2mg	<b>10%</b>
<b>Potassium</b> 300mg	<b>6%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

**DE Sausage, Egg & Cheese Pancake**

**41433-00858**

**Cooking Directions:**  
 Microwave 50 seconds

**Shelf Life:**

Frozen: 9 Months

Refrigerated: 14 Days



INGREDIENTS: PANCAKES [ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, MAPLE CHIPS (SUGAR, VEGETABLE OIL (PALM, PALM KERNEL), WHEAT FLOUR, COCOA POWDER, GLUCOSE, EXTRACTIVES OF FOENUGREEK, MAPLE FLAVOR, CARMEL COLOR, SOY LECITHIN), WHOLE EGGS, DEXTROSE, SOY OIL, SOY FLOUR, LESS THAN 2% OF EACH OF THE FOLLOWING: LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), SALT, NATURAL MAPLE FLAVOR (NATURAL FLAVORS, MOLASSES, MALT EXTRACT, NATURAL ALCOHOL, NATURAL GLYCERIN AND PURE MAPLE SYRUP), SOY LECITHIN), EGG PATTY [EGG WHITES, EGG YOLKS, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID], SAUSAGE PATTY [PORK, WATER, CONTAINS 2% OR LESS OF: SALT, POTASSIUM CHLORIDE, DEXTROSE, SPICES, MONOSODIUM GLUTAMATE, SODIUM PHOSPHATE, BHT, CITRIC ACID, CARMEL COLOR], PASTEURIZED PROCESS AMERICAN CHEESE [CULTURED MILK, WATER, CREAM, SALT, SODIUM PHOSPHATE, SODIUM PYROPHOSPHATE, SORBIC ACID.

**Nutrition Facts**

Serving size	1 sandwich
Amount per serving	
<b>Calories</b>	<b>340</b>
% Daily Value*	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 870mg	<b>38%</b>
<b>Total Carbohydrate</b> 41g	<b>15%</b>
Dietary Fiber 2g	<b>7%</b>
<b>Total Sugars</b> 6g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 16g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 123mg	<b>10%</b>
<b>Iron</b> 3mg	<b>15%</b>
<b>Potassium</b> 192mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**HTG Chicken & Swiss**  
**41433-01748**



**Cooking Directions:**  
 Microwave 40 Seconds  
**Shelf Life:**  
 Frozen: 9 Months  
 Refrigerated: 14 Days

INGREDIENTS: BREADED CHICKEN PATTY [CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATES, SEASONING (SALT, GARLIC POWDER, SPICE), SOYBEAN OIL]. BREADED WITH ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, RICE FLOUR, MODIFIED CORN STARCH, YELLOW CORN FLOUR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATES, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE), DEXTROSE, WHEAT GLUTEN, RICE STARCH, SPICES, DRIED YEAST, DISODIUM INOSINATE AND DISODIUM GUANYLATE, PAPRIKA AND ANNATTO EXTRACT, CITRIC ACID, YEAST EXTRACT, GARLIC POWDER, ONION POWDER, GUAR GUM), KAISER BUN [ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, SALT, CORNMEAL, WHEAT GLUTEN, YELLOW CORN FLOUR, SPICE OILS (TURMERIC & ANNATTO, IMPARTS COLOR), DOUGH CONDITIONERS (MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, CALCIUM SULFATE, ENZYMES).

**Nutrition Facts**

Serving size	1 sandwich
Amount per serving	
<b>Calories</b>	<b>390</b>
% Daily Value*	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 930mg	<b>40%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 3g	<b>11%</b>
<b>Total Sugars</b> 6g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 26g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 158mg	<b>10%</b>
<b>Iron</b> 4mg	<b>20%</b>
<b>Potassium</b> 280mg	<b>6%</b>

**HTG Spicy Chicken**  
**41433-12540**

**Cooking Directions:**  
 Microwave 40 Seconds  
**Shelf Life:**  
 Frozen: 9 Months  
 Refrigerated: 14 Days



INGREDIENTS: SPICY BREADED CHICKEN PATTY [CHICKEN BREAST WITH RIB MEAT, WATER, TEXTURED SOY PROTEIN CONCENTRATE, SEASONING (SALT, SUGAR, HYDROLYZED CORN GLUTEN, MODIFIED FOOD STARCH, WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, YEAST EXTRACT, NATURAL FLAVORS (INCLUDING EXTRACTIVES OF CELERY SEED), DISODIUM INOSINATE AND DISODIUM GUANYLATE, CANOLA OIL), SODIUM PHOSPHATES. BATTERED WITH: WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) MODIFIED FOOD STARCH, GUM ARABIC, WHEAT GLUTEN, EGG WHITES, YELLOW CORN FLOUR, NATURAL FLAVOR, SALT, SUGAR, SPICES (INCLUDING CELERY SEED), SOYBEAN OIL, LEAVENING (SODIUM PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), EXTRACTIVES OF PAPRIKA, CORN STARCH. BREADED WITH: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SPICE, SALT, YELLOW CORN FLOUR, SALT, SPICE (CELERY SEED), SOYBEAN OIL, SUGAR, NATURAL FLAVOR, YEAST, SOYBEAN OIL, EXTRACTIVES OF PAPRIKA, IODIZED SALT, DEXTROSE, CARMEL COLOR, CALCIUM PROPIONATE, WHEY, YELLOW 5, YELLOW 6. BREADING IS SET IN VEGETABLE OIL), BUN [ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, SALT, CORNMEAL, WHEAT GLUTEN, YELLOW CORN FLOUR, SPICE OIL (TURMERIC & ANNATTO IMPARTS COLOR), DOUGH CONDITIONERS (MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE,



## Nutrition Facts

Serving size 1 wrap

Amount per serving  
**Calories 740**

	% Daily Value*
<b>Total Fat</b> 40g	<b>51%</b>
Saturated Fat 15g	<b>75%</b>
Trans Fat 0.5g	
<b>Cholesterol</b> 85mg	<b>28%</b>
<b>Sodium</b> 2100mg	<b>91%</b>
<b>Total Carbohydrate</b> 64g	<b>23%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 5g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 26g	
Vitamin D 0mcg	0%
Calcium 412mg	30%
Iron 5mg	30%
Potassium 402mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Market Italian Wrap

41433-12417



### Cooking Directions:

Thaw & Serve

Shelf Life:

Frozen: 9 Months

Refrigerated: 30 Days

INGREDIENT: FLOUR TORTILLA [ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, MONO- AND DIGLYCERIDES, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE), FUMARIC ACID, YEAST, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), CORN STARCH, CARBOXYMETHYL CELLULOSE GUM, WHEAT STARCH, XANTHAN GUM, ENZYMES (WHEAT STARCH, MICROCRYSTALLINE CELLULOSE), DOUGH CONDITIONER (SODIUM METABISULFITE)], COTTO SALAMI [MECHANICALLY SEPARATED CHICKEN, PORK, BEEF, BEEF HEARTS, CORN SYRUP, WATER, FLAVORING, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF SALT, POTASSIUM LACTATE, SODIUM LACTATE, DEXTROSE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE], HOT HAM WATER ADDED [CURED WITH WATER, DEXTROSE, SALT, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, CORN SYRUP, POTASSIUM LACTATE, SODIUM LACTATE, SUGAR, FLAVORING, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRATE, PAPRIKA], TOMATO BASIL TORTILLA [ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: TOMATO BASIL FLAVORING (TOMATO POWDER, DEHYDRATED TOMATO, SPICE, SUGAR, ONION POWDER, MALTODEXTRIN, YEAST EXTRACT, GARLIC POWDER, CITRIC ACID, NATURAL FLAVORS, YELLOW 6, RED 40), SALT, MONO- AND DIGLYCERIDES, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE), FUMARIC ACID, YEAST, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), CORN STARCH, CARBOXYMETHYL CELLULOSE GUM, XANTHAN GUM, ENZYMES (WHEAT STARCH, MICROCRYSTALLINE CELLULOSE), DOUGH CONDITIONER (SODIUM METABISULFITE)], SMOKED PROVOLONE CHEESE [CULTURED PASTEURIZED MILK AND SKIM MILK, SALT, SMOKE FLAVORING, ENZYMES], PEPPERONI [PORK, BEEF, SALT, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, DEHYDRATED GARLIC

## Nutrition Facts

Serving size 1 wrap

Amount per serving  
**Calories 660**

	% Daily Value*
<b>Total Fat</b> 29g	<b>37%</b>
Saturated Fat 13g	<b>65%</b>
Trans Fat 0g	
<b>Cholesterol</b> 80mg	<b>27%</b>
<b>Sodium</b> 1750mg	<b>76%</b>
<b>Total Carbohydrate</b> 60g	<b>22%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 35g	
Vitamin D 0mcg	0%
Calcium 552mg	40%
Iron 7mg	40%
Potassium 656mg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Market Chicken

Caesar Wrap

41433-12538



### Cooking Directions:

Thaw & Serve

Shelf Life:

Frozen: 9 Months

Refrigerated: 30 Days

INGREDIENTS: FLOUR TORTILLA [ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, MONO- AND DIGLYCERIDES, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE), FUMARIC ACID, YEAST, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), CORN STARCH, CARBOXYMETHYL CELLULOSE GUM, WHEAT STARCH, XANTHAN GUM, ENZYMES (WHEAT STARCH, MICROCRYSTALLINE CELLULOSE), DOUGH CONDITIONER (SODIUM METABISULFITE)], GRILLED SEASONED CHICKEN BREAST WITH RIB MEAT [CHICKEN BREAST MEAT WITH RIB MEAT, WATER, CULTURED SUGAR AND VINEGAR, POTATO STARCH, SEA SALT, NATURAL FLAVORINGS], SPINACH TORTILLA [ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SPINACH FLAVORING (MALTODEXTRIN, SPINACH POWDER, GARLIC POWDER, ONION POWDER, SPICES, SALT, MODIFIED FOOD STARCH, DEHYDRATED SPINACH, NATURAL FLAVORS, YEAST EXTRACT, CITRIC ACID, SUGAR, YELLOW 5, YELLOW 6, BLUE 1, RED 40), SALT, MONO- AND DIGLYCERIDES, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE), FUMARIC ACID, YEAST, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), CORN STARCH, CARBOXYMETHYL CELLULOSE GUM, WHEAT STARCH, XANTHAN GUM, ENZYMES (WHEAT STARCH, MICROCRYSTALLINE CELLULOSE), DOUGH CONDITIONER (SODIUM METABISULFITE)], SMOKED PROVOLONE CHEESE [CULTURED PASTEURIZED MILK AND SKIM MILK, SALT, SMOKE FLAVORING, ENZYMES], CAESAR DRESSING [REFINED SOYBEAN OIL, WATER, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, ENZYMES), DISTILLED VINEGAR, SALTED EGG YOLK, MODIFIED CORN STARCH, SALT, RED WINE VINEGAR, SUGAR, SPICES, YEAST EXTRACT, SOY FLOUR, DEHYDRATED ONION, LACTIC ACID POWDER, LEMON JUICE CONCENTRATE, WHOLE POWDER, DEHYDRATED GARLIC, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM SORBATE, CARAMEL COLOR, ASCORBIC ACID,

## Nutrition Facts

Serving size 1 sandwich

Amount per serving  
**Calories 380**

	% Daily Value*
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 1450mg	<b>63%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 6g	
Includes 5g Added Sugars	<b>10%</b>
<b>Protein</b> 23g	
Vitamin D 0mcg	0%
Calcium 201mg	15%
Iron 3mg	15%
Potassium 270mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

## Deli Express Mega Italian

41433-00893



### Cooking Directions:

Thaw & Serve

Shelf Life:

Frozen: 9 Months

Refrigerated: 30 Days

INGREDIENTS: WHITE BREAD [ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF SOYBEAN OIL, SALT, DOUGH CONDITIONERS (MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, CALCIUM SULFATE, ENZYMES), MONOCALCIUM PHOSPHATE, CALCIUM PROPIONATE (PRESERVATIVE)], HOT CAPPI HAM - WATER ADDED [A PORTION OF GROUND HAM SHANK AND HAM ADDED (CURED WITH WATER, DEXTROSE, SALT, CONTAINS 2% OR LESS OF MODIFIED FOOD STARCH, CORN SYRUP, POTASSIUM LACTATE, SODIUM LACTATE, SUGAR, FLAVORING, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE, PAPRIKA)], PEPPERONI [PORK, BEEF, SALT, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, DEHYDRATED GARLIC, SODIUM NITRITE, BHA, BHT, CITRIC ACID], PROVOLONE CHEESE [CULTURED PASTEURIZED MILK AND SKIM MILK, SALT, SMOKE FLAVORING, ENZYMES].